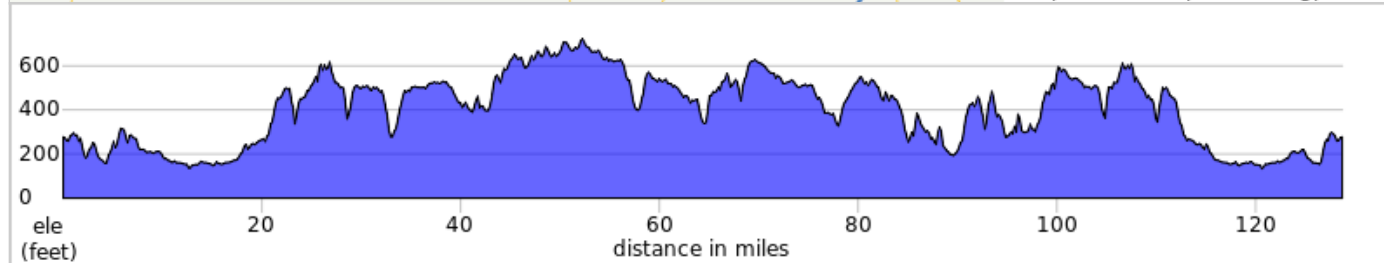
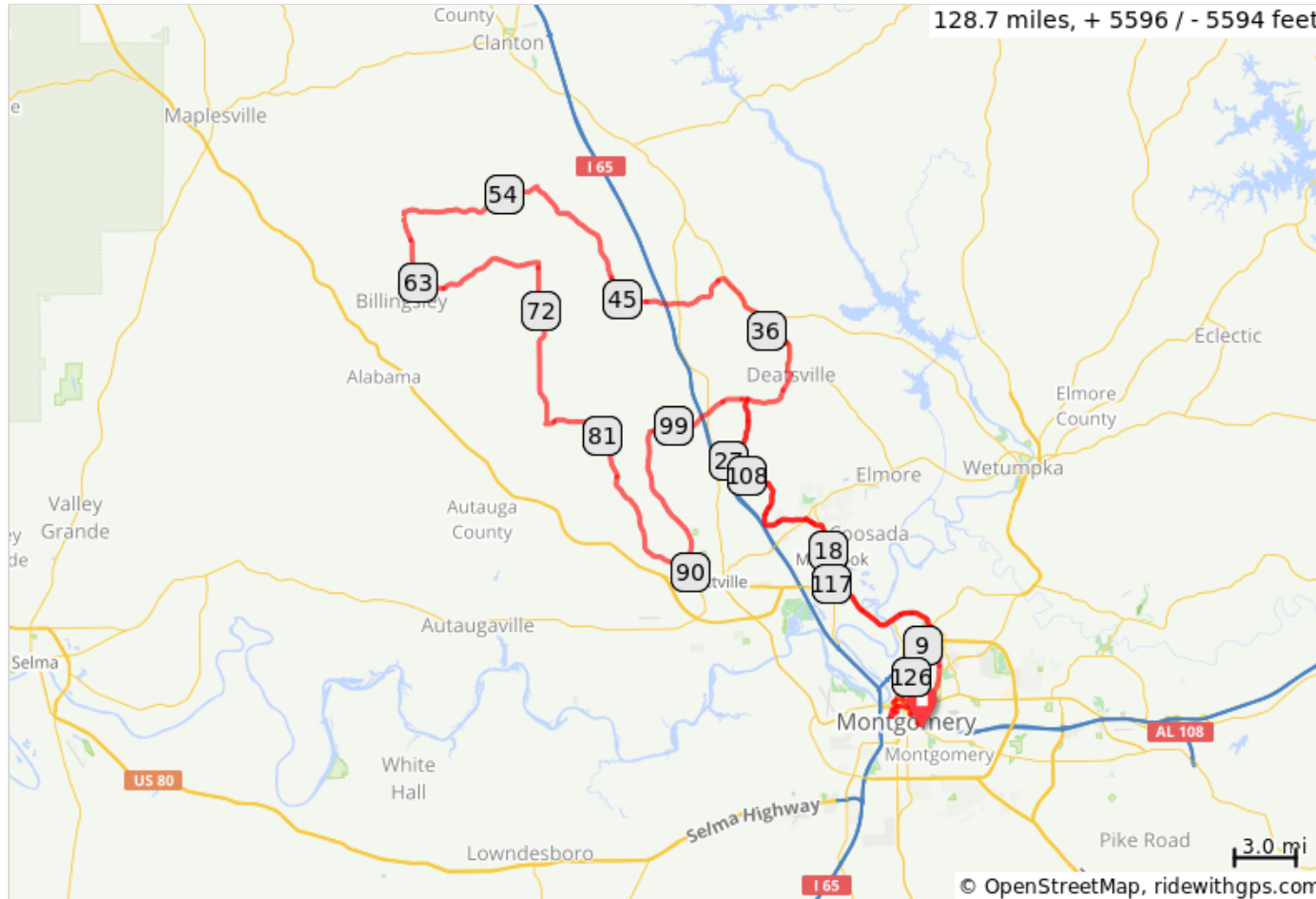


# 2018 Glassner River Region 200K (128.7)



128.7 miles, 5,577 feet of climbing  
\*\*\* Follow RED & PINK road markings \*\*\*

## 8 REST STOPS

- RS1 @ 9.0 mi - Bethel Full Gospel Pathway Church
  - RS2 @ 17.8 mi - Millbrook Presbyterian (8.8 from RS1)
  - RS3 @ 30.6 mi - Stony Point Church of Christ (12.8 from RS2)
  - RS4 @ 45.3 mi - New Prospect Church (14.7 from RS3)
  - RS5 @ 66.4 mi - Indian Grave Baptist (21.1 from RS4)
  - RS6 @ 83.3 mi - Friendship Church (16.9 from RS5)
  - RS7 @ 102.9 mi - Stony Point Church of Christ (19.6 from RS6)
  - RS8 @ 115.6 mi - Millbrook Presbyterian (12.7 from RS7)
- FINISH @ 128.7 (13.1 mi from RS8)

6 Store Stops @ 17.5, 31.9, 53.4, 80.3, 100.8, 115.7

2018 Glassner River Region 200K (128.7)

Num	Dist	Type	Note	Next
1.	0.0		Start of route	0.2
2.	0.2		R onto Harris Way	0.1
3.	0.3		Continue onto Hall St	0.5
4.	0.8		L onto Centennial Cir	0.2
5.	0.9		Continue onto Centennial Way	0.1
6.	1.1		L onto S Jackson St	0.1

1.1 miles. +53/-37 feet

Num	Dist	Type	Note	Next
7.	1.1		R onto High St	0.1
8.	1.2		L onto S Ripley St	0.3
9.	1.6		At the traffic circle, 3rd exit onto Washington Ave	0.2
10.	1.8		At the traffic circle, 1st exit onto S Bainbridge St	0.1

0.7 miles. +19/-36 feet

Num	Dist	Type	Note	Next
11.	1.8		L onto Dexter Ave	0.5
12.	2.3		At the traffic circle, 2nd exit onto S Court St	0.3
13.	2.6		R onto Clayton St	0.3
14.	2.9		L onto Caroline St	0.2
15.	3.1		L onto Mildred St	0.1

1.3 miles. +79/-73 feet

Num	Dist	Type	Note	Next
16.	3.1		L onto Holcombe St	0.2
17.	3.3		R onto Church St	0.0
18.	3.4		L onto Catoma St	0.1
19.	3.5		R onto Montgomery St	0.2
20.	3.7		L onto Commerce St	0.2
21.	4.0		R onto Tallapoosa St	0.2

0.9 miles. +0/-76 feet

Num	Dist	Type	Note	Next
22.	4.2	↑	Continue onto N Court St	0.1
23.	4.2	→	R onto Randolph St	0.3
24.	4.5	→	R onto N Hull St	0.2
25.	4.7	←	L onto E Jefferson St	0.4
26.	5.1	←	Slight L onto Upper Wetumpka Rd	1.8

1.1 miles. +97/-0 feet

Num	Dist	Type	Note	Next
27.	6.9	↑	Continue onto Fairground Rd	1.5
28.	8.4	↑	Continue onto E Vandiver Blvd	0.6

3.3 miles. +1/-72 feet

Num	Dist	Type	Note	Next
29.	9.0	🍴🍷	Rest Stop 1 Corner Rest Stop 1 - Corner of E Vandiver Blvd and Lower Wetumpka Road - Across from Bethel Church on right corner	0.0
30.	9.0	→	R onto Lower Wetumpka Rd	1.1

0.6 miles. +0/-0 feet

Num	Dist	Type	Note	Next
31.	10.1	←	L onto Alabama River Pkwy	5.8
32.	15.9	→	R onto AL-143 N	1.6
33.	17.5	🍷	Store Stop 1 Chevron in Millbrook	0.3
34.	17.8	🍴🍷	Rest Stop 2 Church Millbrook Presbyterian Church - Going OUT	1.7

8.7 miles. +116/-101 feet

Num	Dist	Type	Note	Next
35.	19.4	←	L onto Browns Rd	0.8
36.	20.2	↑	Continue onto Old Prattville Rd	1.8
37.	22.0	↑	Continue onto Autauga County 39	1.8
38.	23.8	↑	Continue onto Old Prattville Rd	0.3

6.0 miles. +369/-173 feet

Num	Dist	Type	Note	Next
39.	24.2	↑	Continue onto Autauga County 39	2.5
40.	26.7	→	R onto Alpha Springs Rd	3.8
41.	30.5	→	R onto Autauga County 40/County Rd 40 E	0.1





6.7 miles. +417/-361 feet

Num	Dist	Type	Note	Next
42.	30.6	🍴🍷	Rest Stop 3 Church Stony Point Church of Christ - Going OUT	1.3
43.	31.9	🛒	Store Stop 2 Citgo in Deatsville	0.1
44.	31.9	↑	Continue onto Co Rd 7/Deatsville Hwy/Foxwood Rd	1.5





1.5 miles. +23/-48 feet

Num	Dist	Type	Note	Next
45.	33.4	←	L onto AL-143 N	6.1
46.	39.6	←	L onto Autauga County 68/County Rd 68 E	5.5
47.	45.0	→	R onto Co Rd 57/County Rd 57	0.3




13.1 miles. +596/-287 feet

Num	Dist	Type	Note	Next
48.	45.3		Rest Stop 4 Church New Prospect Church, 2798 Co Rd 57, Marbury, AL	5.0
49.	50.3		Slight L onto Co Rd 59	2.2
50.	52.5		L onto Co Rd 24	1.0
51.	53.4		Store Stop 3 Enterprise Grocery	5.9





8.4 miles. +326/-309 feet

Num	Dist	Type	Note	Next
52.	59.3		L onto Co Rd 37	3.9
53.	63.2		L onto Autauga County 24	3.3
54.	66.4		Rest Stop 5 Church Indian Grave Baptist Church	3.0
55.	69.4		R onto County Rd 21 N	8.0

16.0 miles. +520/-439 feet

Num	Dist	Type	Note	Next
56.	77.4		L onto Autauga County 40	2.8
57.	80.3		Store Stop 4 Posey's Crossroads Store	0.0
58.	80.3		R onto Co Rd 57/County Rd 57	3.0

10.8 miles. +225/-56 feet

Num	Dist	Type	Note	Next
59.	83.3		Rest Stop 6 Church Friendship Church, 1705 County Rd 57 Prattville, Alabama	6.1
60.	89.4		Slight L onto W 6th St	0.2
61.	89.7		L onto Walnut St	0.1
62.	89.7		R to stay on Walnut St	0.1

9.4 miles. +218/-481 feet

Num	Dist	Type	Note	Next
63.	89.8	←	L onto Upper Kingston Rd	1.7
64.	91.5	↑	Continue onto Bridge Creek Rd	6.2
65.	97.7	→	R onto Autauga County 40/Autauga County 59	3.1
66.	100.8	☒	Store Stop 5 BP - TJ's Amoco	0.0

11.1 miles. +922/-548 feet

Num	Dist	Type	Note	Next
67.	100.9	←	L onto US-31 N	0.0
68.	100.9	→	R onto Autauga County 40/County Rd 40 E	2.1
69.	102.9	☒	Rest Stop 7 Church Stony Point Church of Christ - Coming BACK 0.2 miles past turn on RIGHT	0.0






2.1 miles. +12/-80 feet

Num	Dist	Type	Note	Next
70.	102.9	→	R onto Alpha Springs Rd	3.8
71.	106.7	←	L onto Autauga County 39	2.5
72.	109.2	↑	Continue onto Old Prattville Rd	0.3
73.	109.6	↑	Continue onto Autauga County 39	1.8







6.7 miles. +379/-431 feet

Num	Dist	Type	Note	Next
74.	111.4	↑	Continue onto Old Prattville Rd	1.8
75.	113.2	↑	Continue onto Browns Rd	0.8
76.	114.0	→	R onto Main St	1.7
77.	115.6	☒	Rest Stop 8 Church Millbrook Presbyterian Church - Coming BACK	0.1


6.0 miles. +40/-304 feet

Num	Dist	Type	Note	Next
78.	115.7		Store Stop 6 Kwik Shop in Millbrook	1.7
79.	117.5		L onto Alabama River Pkwy	5.8
80.	123.3		R onto Lower Wetump ka Rd	2.6
81.	125.8		Continue onto N Ripley St	1.5
82.	127.3		L onto Pelham St	0.1

11.7 miles. +270/-194 feet

Num	Dist	Type	Note	Next
83.	127.4		R onto S Jackson St	0.1
84.	127.5		R onto Hilliard St	0.1
85.	127.6		L onto Washingt on Ave	0.2
86.	127.8		R onto Hall St	0.6
87.	128.4		Continue onto Harris Way	0.1
88.	128.5		L onto Pineleaf St	0.2

1.2 miles. +32/-54 feet

Num	Dist	Type	Note	Next
89.	128.7		End of route	0.0

0.2 miles. +0/-0 feet