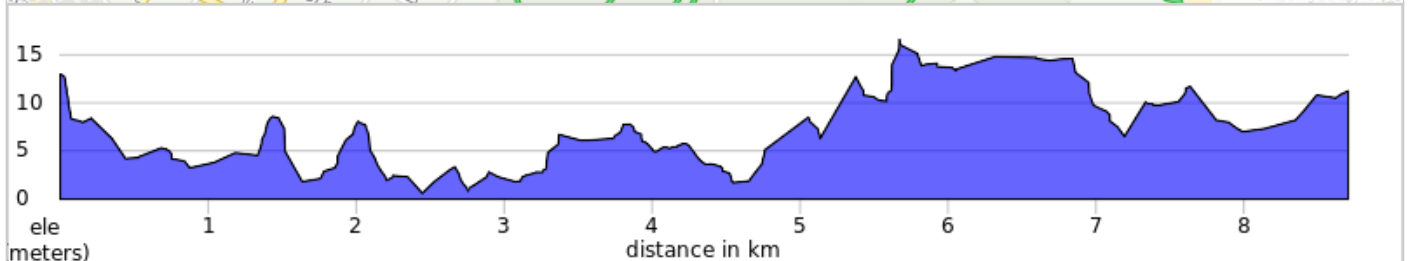
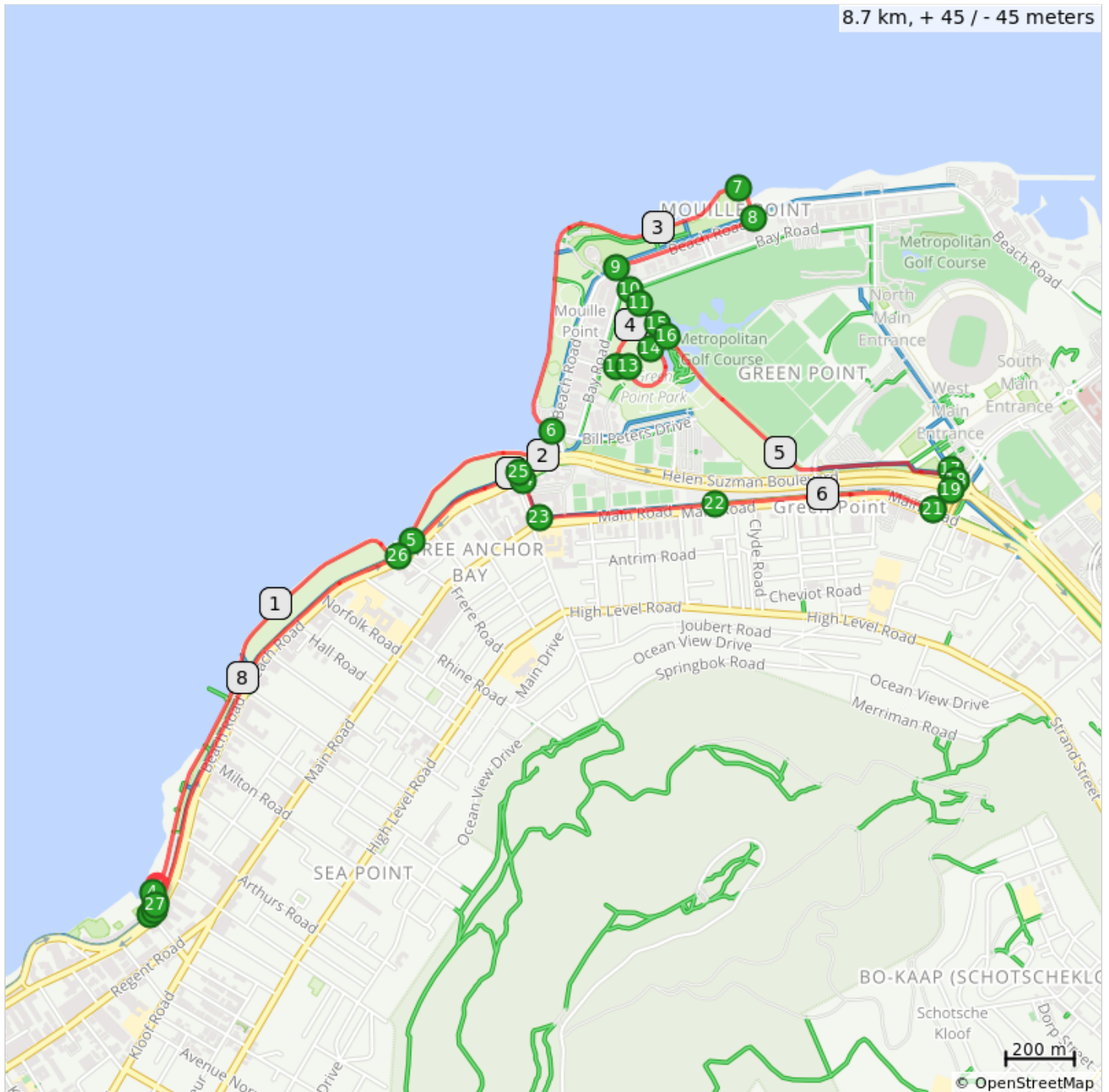


Sea Point Promenade Meander

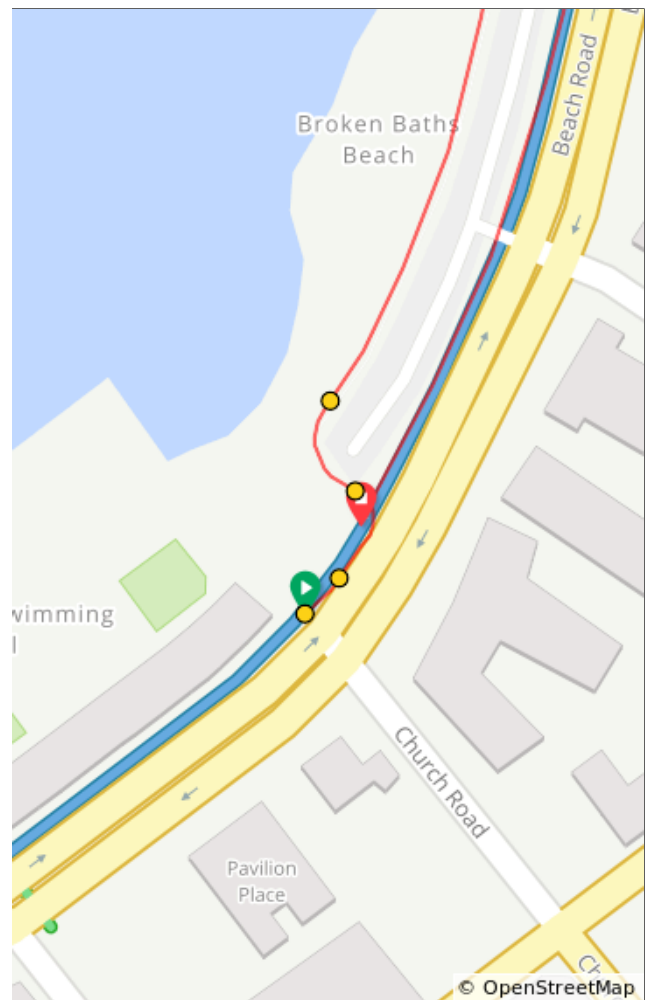


Discover one of Cape Town's favorite places to cycle, walk and play. With mesmerizing vistas of city, sea and mountains, the traffic free Sea Point Promenade is the perfect place to watch the sunset or stop off for an ice-cream.



Sea Point Promenade Meander

Dist	Type	Note	Num
0.0	📍	Start of route	1.
0.0	i	Start at Up Cycles bike rental station	2.
0.0	←	Left and ramp down onto the paved Sea point Promenade	3.
0.1	→	Right onto the Sea Point Promenade	4.



0.1 kilometers. +0/-3 meters

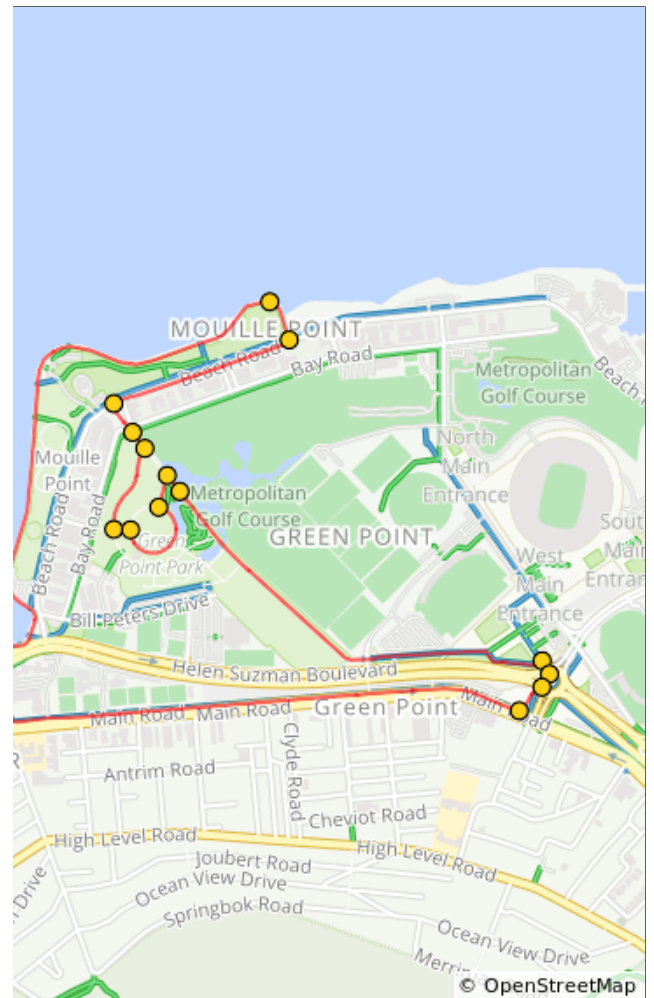
Dist	Type	Note	Num
1.5	←	Slight left onto Sea Point Promenade	5.
2.1	←	Keep Left and follow the Promenade past Three Anchor Bay	6.



2.0 kilometers. +5/-5 meters

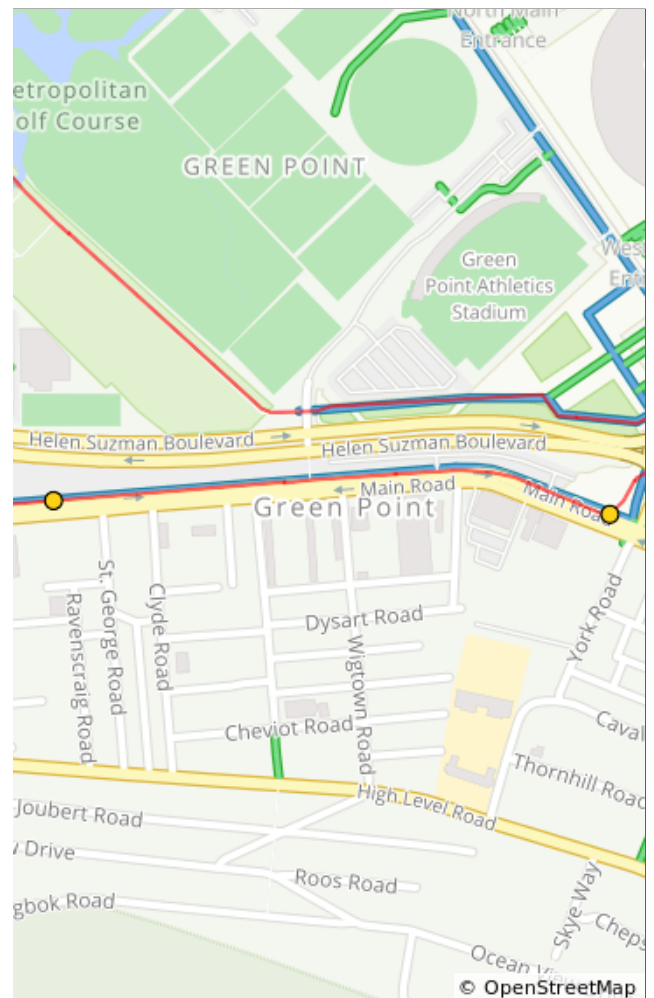
Dist	Type	Note	Num
3.3	→	Curve right	7.
3.4	→	Right onto the cycle path parallel to Beach Road	8.
3.8	←	Left at the Green Point Light House and cross Beach Road at the pedestrian crossing.	9.
3.9	↑	Enter Green Point Park at the West Gate	10.
3.9	→	Right and cycle past the Labyrinth	11.
4.1	←	Left onto Park Rd	12.
4.2	→	Right	13.
4.4	→	Right	14.
4.5	→	Right	15.
4.5	↑	Continue over the bridge	16.
5.5	→	Right	17.
5.6	→	Right under Green Point Circle	18.
5.6	→	Head up the ramp to leave the underpass.	19.
5.7	→	Right	20.

3.6 kilometers. +15/-6 meters

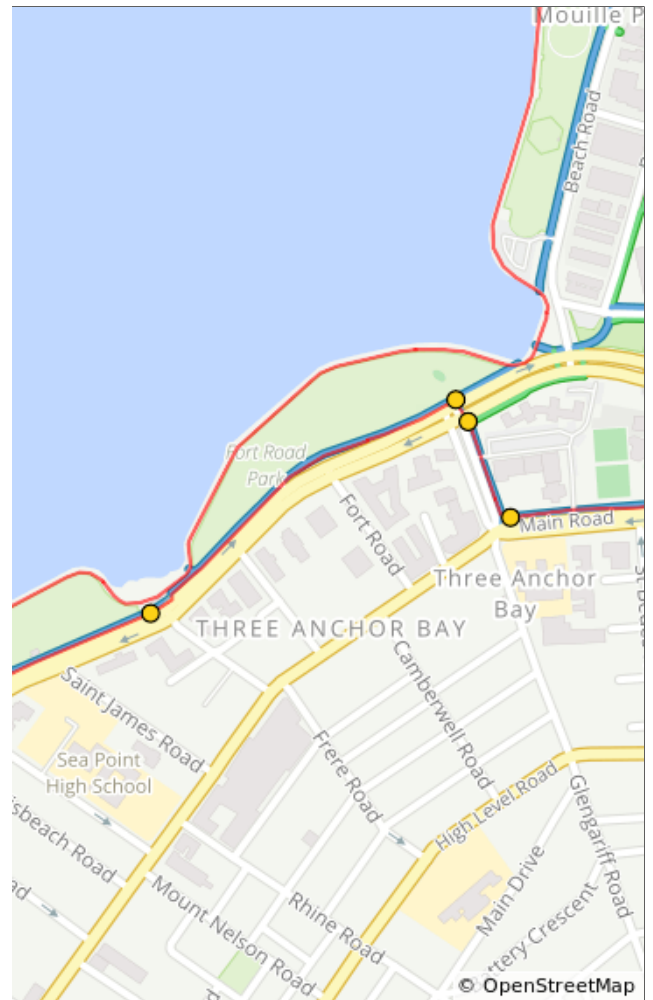


Dist	Type	Note	Num
5.7	→	Sharp right onto the paved cycleway that runs along Main road	21.
6.3	↑	Continue along Main Road cycleway	22.

0.6 kilometers. +0/-2 meters

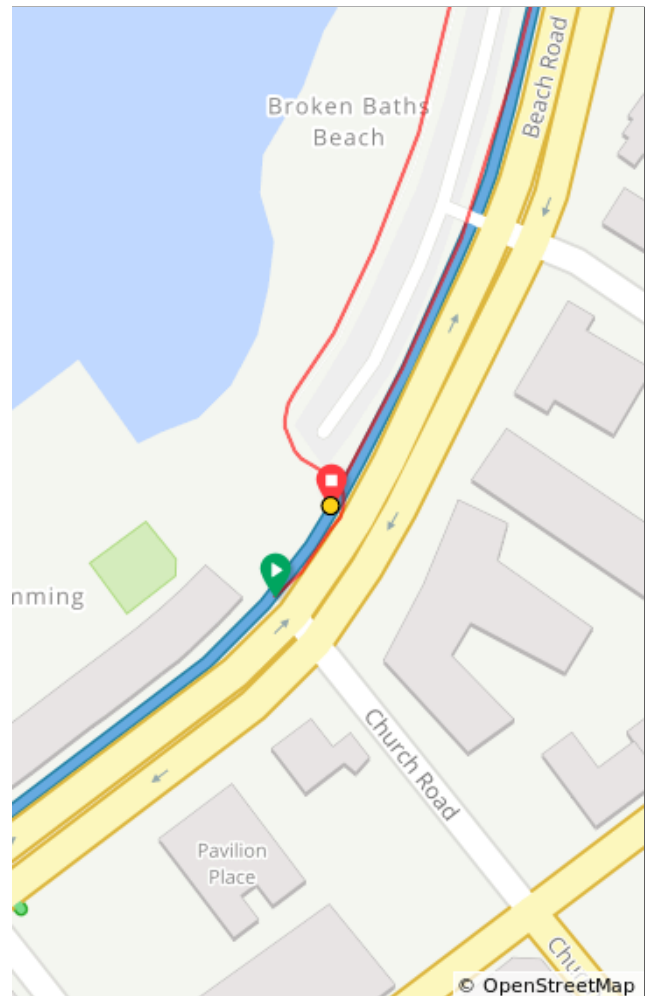


Dist	Type	Note	Num
6.8	→	Right and follow the cycleway down Three Anchor Bay Road	23.
7.0	↑	Cross over Beach Road at the pedestrian crossing	24.
7.0	←	Left onto the shared path along Beach Road	25.
7.4	i	Continue on the shared path along Beach Road back to the starting point . Alternatively follow the Promenade.	26.



1.1 kilometers. +2/-6 meters

Dist	Type	Note	Num
8.7	📍	End of route	27.



1.3 kilometers. +0/-0 meters