

Prev	Dist	Type	Note
0.0	0.0	📍	Start of route
0.2	0.2	←	L onto Campus Dr
0.2	0.4	↑	At the traffic circle, take the 3rd exit onto Newman Springs Rd
1.1	1.5	→	R onto Everett Rd
2.0	3.5	↑	Continue onto Crawfords Corner Rd
1.6	5.1	→	R onto S Holland Rd
1.0	6.1	→	R onto S Telegraph Hill Rd
0.1	6.2	↑	Continue onto Holland Rd
2.0	8.2	←	L onto Red Hill Rd
0.2	8.4	→	R onto Kings Hwy
1.0	9.4	→	R onto Spruce Dr
0.5	9.8	←	L to stay on Spruce Dr
0.1	10.0	←	L onto Twin Brooks Ave

10.0 miles. +555/-536 feet

Prev	Dist	Type	Note
0.5	10.5	↑	Across Rt 35 into parking lot
0.1	10.6	→	R onto Kings Hwy E
2.6	13.2	↑	Continue onto Monmouth Ave
1.0	14.2	←	L onto Navesink Ave
0.1	14.3	↑	Continue onto Grand Ave
0.7	15.0	←	L onto E Highland Ave
0.1	15.1	→	Sharp R onto 8th Ave
0.1	15.2	→	R onto E Mt Ave
0.4	15.6	←	L onto E Highland Ave
0.2	15.8	→	R onto Ocean Blvd
0.2	16.0	←	Slight L to stay on Ocean Blvd
0.8	16.9	↑	Straight to Quick Chek
0.1	17.0	→	R onto Quick Chek - REST STOP

7.0 miles. +526/-411 feet

Prev	Dist	Type	Note
0.0	17.0	←	Leave Quick Chek - Turn L onto Ocean Blvd
0.1	17.1	←	L onto Orchard Ave
0.1	17.1	↑	Cross Rt 36 onto Navesink Ave
1.0	18.1	↑	Cross Locust Ave onto Monmouth Ave
0.4	18.5	←	L onto Lakeside Ave
0.3	18.8	←	L onto Locust Point Rd
0.9	19.6	↑	Continue onto Navesink River Rd
1.6	21.2	→	R onto Mc Clees Rd
0.7	22.0	←	L onto Bowne Rd
0.7	22.7	←	L onto Kings Hwy E
1.0	23.8	←	L onto Chapel Hill Rd
2.0	25.8	↑	Cross Rt 35 onto Oak Hill Rd
1.4	27.2	↑	Continue onto Bamm Hollow Rd

10.3 miles. +597/-648 feet

Prev	Dist	Type	Note
1.2	28.4	←	L onto Red Hill Rd
0.7	29.1	→	R onto Dwight Rd
0.1	29.2	←	L onto Red Hill Rd
0.8	30.0	↑	Continue onto Middletown Rd
1.0	31.0	↑	Continue onto Holmdel Middletown Rd
1.0	32.0	←	L onto McCampbell Rd
1.4	33.4	→	R onto Everett Rd
0.7	34.1	←	L onto Newman Springs Rd
1.0	35.1	→	Bear R into BCC
0.1	35.2	↑	Continue onto Campus Dr
0.1	35.3	→	R onto Museum Dr
0.1	35.3	📍	End of route

8.1 miles. +228/-351 feet