

Prev	Dist	Type	Note
0.0	0.0	📍	Start of route
0.2	0.2	➔	R onto Campus Dr
0.5	0.8	➡	L onto Phalanx Rd
0.1	0.9	➔	R onto Laurel Ave
0.3	1.1	➡	L onto Pine St
0.3	1.4	➔	R onto Swimming River Rd
1.6	3.0	➡	L onto County Rd 537 E/Wayside Rd
3.1	6.1	➡	L onto County Route 547 N/Wyckoff Rd
0.2	6.4	➔	R onto Wayside Rd
1.1	7.5	➔	Slight R onto Green Grove Rd
1.7	9.2	⬆	Continue onto Jumping Brook Rd
1.5	10.7	➔	Keep R at the fork
0.3	11.0	⬆	Continue onto Schoolhouse Rd

11.0 miles. +356/-331 feet

Prev	Dist	Type	Note
1.3	12.4	➔	R onto Belmar Blvd/County Rd 18 E
1.7	14.0	➡	Slight L onto Birdsall Rd
1.4	15.5	➡	L onto County Rd 524/County Route 547 S/Lakewood Farmingdale Rd/Squankum Rd
1.5	17.0	➔	R onto County Rd 524 Alt/Squankum Rd
1.8	18.8	➡	L onto Preventorium Rd Howell GC
0.4	19.2	↻	Howell GC Clubhouse Rest Stop
0.0	19.2	↻	Make a U-turn at Clubhouse Rest Stop
0.4	19.6	➡	L onto Squankum Yellowbrook Rd
0.3	19.9	➡	L onto Southard Ave
0.8	20.7	➡	L onto Manassa Rd
0.8	21.5	➔	R onto Old Tavern Rd

10.5 miles. +238/-266 feet

Prev	Dist	Type	Note
0.6	22.1	➔	R onto Windeler Rd
0.3	22.4	⬆	Pass Manasquan Res RA restrooms water view 0.2 mi L
1.5	24.0	➔	R onto Georgia Tavern Rd
1.3	25.3	➡	L onto Lemon Rd
1.5	26.8	➡	Slight L onto Casino Dr
1.1	27.9	⬆	Continue onto Bergerville Rd
1.3	29.2	⬆	Continue onto Stone Hill Rd
0.9	30.1	➔	R onto Georgia Rd
0.2	30.3	➔	Pass MJ Tighe Park restrooms, water, vending machines 0.2 mi R
0.6	30.9	➔	R onto County Rd 524/Elton Adelpia Rd
2.5	33.5	➡	L onto Howell Rd

11.9 miles. +244/-254 feet

Prev	Dist	Type	Note
1.8	35.3	⬆	Continue onto Five Points Road
3.0	38.3	➡	L onto County Rd 537 W
0.3	38.6	➔	R onto School Rd E
2.0	40.6	➔	R onto County Rd 46/Dutch Lane Rd
1.5	42.1	⬆	At the traffic circle, take the 2nd exit onto Rt 4 north
0.8	42.9	➔	R onto Conover Rd
0.5	43.4	⬆	Continue onto Laird Rd
2.0	45.5	➡	L onto Phalanx Rd
1.7	47.1	➡	L to Brookdale
0.5	47.7	➡	L to Pkg Lot 1
0.0	47.7	📍	End of route

14.2 miles. +375/-447 feet