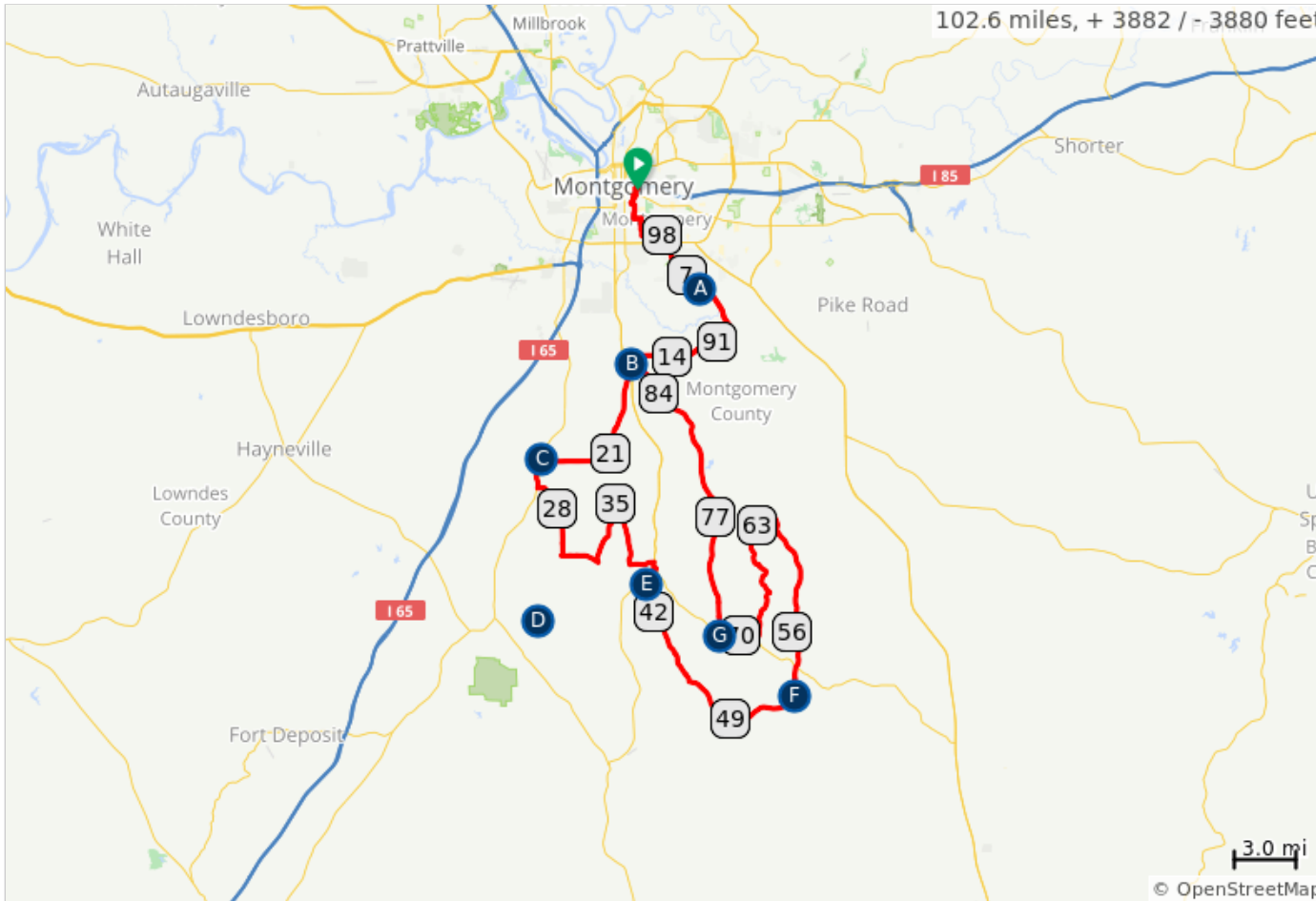
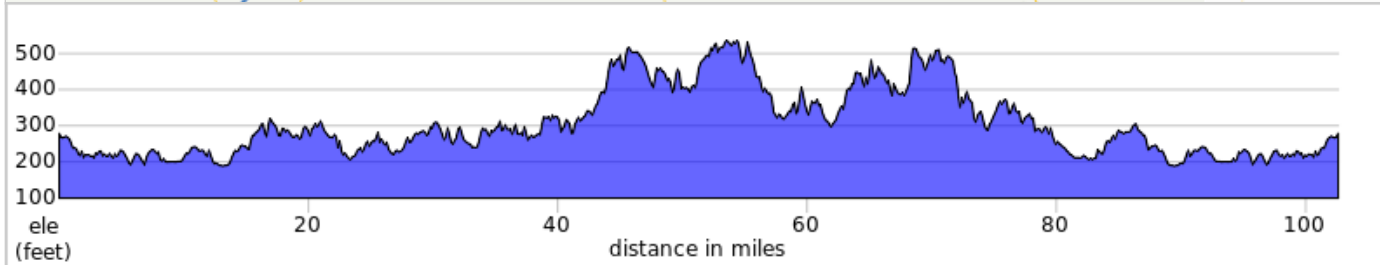


# 2021 Glassner Capital City 100 (Friendship Baptist with Mt. Lebanon)



102.6 miles, 3,883 feet of climbing  
 \*\* Follow WHITE & PINK road markings. \*\*

7 REST STOPS  
 RS1 @ 7.7 (Covenant Ministries)  
 RS2 @ 16.3 (Snowdoun UMC, 8.6 from RS1)  
 RS3 @ 24.7 (Pintlala Baptist, 8.4 from RS2)  
 RS4 @ 40.4 (Pleasant Hill AME Zion, 15.7 from RS3)  
 RS5 @ 52.8 (Friendship Baptist, 12.4 from RS4)  
 RS6 @ 71.1 (Ramer UMC, 18.3 from RS5)  
 RS7 @ 86.2 (Snowdoun UMC, 15.1 from RS6)  
 FINISH @ 102.6 (16.4 from RS7)



- A. Rest Stop #1
- B. Rest Stop #2 Church (Going OUT) & #7 (Coming BACK)
- C. Rest Stop #3 Church

D.	Rest Stop D - Mt. Carmel UMC
E.	Rest Stop #4 Church
F.	Rest Stop #5 Church

G. Rest Stop #6 Church

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Num	Prev	Type	Note	Dist
1.	0.0	📍	Start of route	0.0
2.	0.1	←	L onto Harris Way	0.1
3.	0.4	→	R onto Carter Hill Rd	0.5
4.	0.1	←	L onto Dunbar St	0.6
5.	0.2	↑	Continue onto Park Ave	0.7
6.	0.3	←	L onto Cloverdale Rd	1.0
7.	0.2	→	R to stay on Cloverdale Rd	1.2
8.	0.6	←	L onto E Edgemont Ave	1.9
9.	0.1	↑	Continue onto Glen Grattan Dr	2.0
10.	0.2	→	R onto Thomas Ave	2.2
11.	0.5	←	L onto Wedgewood Dr	2.7

2.7 miles. +35/-102 feet

Num	Prev	Type	Note	Dist
22.	0.1	←	Slight L onto Butler Mill Rd	16.4
23.	4.8	→	R onto W Old Hayneville Rd	21.2
24.	3.5	⚓	RS #3 Church Rest Stop C - Pintlala Baptist Church	24.7
25.	0.1	→	R onto US-31 S	24.8
26.	0.1	→	R onto Pintlala Old Rd	24.9
27.	1.2	→	R onto US-31 S	26.1
28.	0.1	←	L onto Pettus Rd	26.3
29.	3.9	←	L onto Union Academy Ada Rd	30.1
30.	1.9	←	L onto Butler Mill Rd	32.0
31.	3.0	→	Sharp R onto Old Sellers Rd	35.0
32.	2.9	←	L onto Union Academy Ada Rd	37.9

21.6 miles. +791/-802 feet

Num	Prev	Type	Note	Dist
12.	0.1	→	R onto Thomas Ave	2.8
13.	0.3	←	L onto Birdwood Dr	3.1
14.	0.2	→	R onto Narrow Lane Rd	3.3
15.	0.0	←	L onto Tullis Dr	3.3
16.	0.5	↑	Continue onto Antoinette Dr	3.8
17.	0.3	→	R onto Woodley Rd	4.1
18.	3.6	⚓	RS #1 Church Rest Stop A - Covenant Ministries	7.7
19.	3.3	→	R onto Snowdoun Chambers Rd.	11.0
20.	5.3	⚓	RS #2 Church Rest Stop B - Snowdoun United Methodist Church (Going OUT)	16.3
21.	0.1	→	R onto Hobbie Rd	16.3

13.6 miles. +364/-278 feet

Num	Prev	Type	Note	Dist
33.	1.2	→	R onto Co Rd 14	39.1
34.	0.2	←	L to stay on Co Rd 14	39.3
35.	0.1	↑	Continue onto AL-94 E	39.4
36.	0.1	→	R onto Smiley Ferry Rd	39.5
37.	0.9	⚓	RS #4 Church Rest Stop E - Pleasant Hill AME Zion Church	40.4
38.	5.2	←	L to stay on Smiley Ferry Rd	45.6
39.	2.5	←	L onto Hassey Rd	48.1
40.	1.0	←	L onto Meriwether Trail	49.1
41.	3.4	←	Sharp L onto Huffman Rd	52.5
42.	0.3	⚓	RS #5 Church Rest Stop F - Friendship Baptist Church	52.8
43.	1.6	↑	Continue onto Mt Zion Rd	54.4

16.5 miles. +733/-517 feet

Num	Prev	Type	Note	Dist
44.	7.7	←	L onto Paulk Rd	62.1
45.	2.0	↑	Continue straight onto Hillabee Rd	64.1
46.	1.5	↑	Continue onto Mt Lebanon Rd	65.6
47.	1.3	→	R to stay on Mt Lebanon Rd	66.9
48.	2.4	→	R onto AL-94 W	69.3
49.	1.8	→	R onto Hobbie Rd	71.1
50.	0.0	Ψ↑	RS #6 Church Rest Stop G - Ramer United Methodist Church (UMC)	71.1
51.	15.1	→	R onto Snowdoun Chambers Rd	86.2
52.	0.0	Ψ↑	RS #7 Church Rest Stop B - Snowdoun United Methodist Church (Coming BACK)	86.2
53.	5.4	←	L onto Woodley Road	91.6

37.2 miles. +1140/-1208 feet

Num	Prev	Type	Note	Dist
65.	0.2	→	R onto Park Ave	101.6
66.	0.3	↑	Continue onto Dunbar St	101.8
67.	0.2	→	R onto Carter Hill Rd	102.0
68.	0.1	←	L onto Harris Way	102.1
69.	0.4	→	R onto Pineleaf St	102.5
70.	0.1	📍	End of route	102.6

1.2 miles. +32/-6 feet

Num	Prev	Type	Note	Dist
54.	6.9	←	L onto Antoinette Dr	98.5
55.	0.3	↑	Continue onto Tullis Dr	98.8
56.	0.5	→	R onto Narrow Lane Rd	99.3
57.	0.0	←	L onto Birdwood Dr	99.3
58.	0.2	→	R onto Thomas Ave	99.5
59.	0.3	←	L onto Wedgewood Dr.	99.8
60.	0.0	→	R onto Thomas Ave	99.9
61.	0.5	←	L onto Glen Grattan Dr	100.4
62.	0.2	↑	Continue onto E Edgemont Ave	100.6
63.	0.1	→	R onto Cloverdale Rd	100.7
64.	0.6	←	L to stay on Cloverdale Rd	101.4

9.7 miles. +80/-64 feet