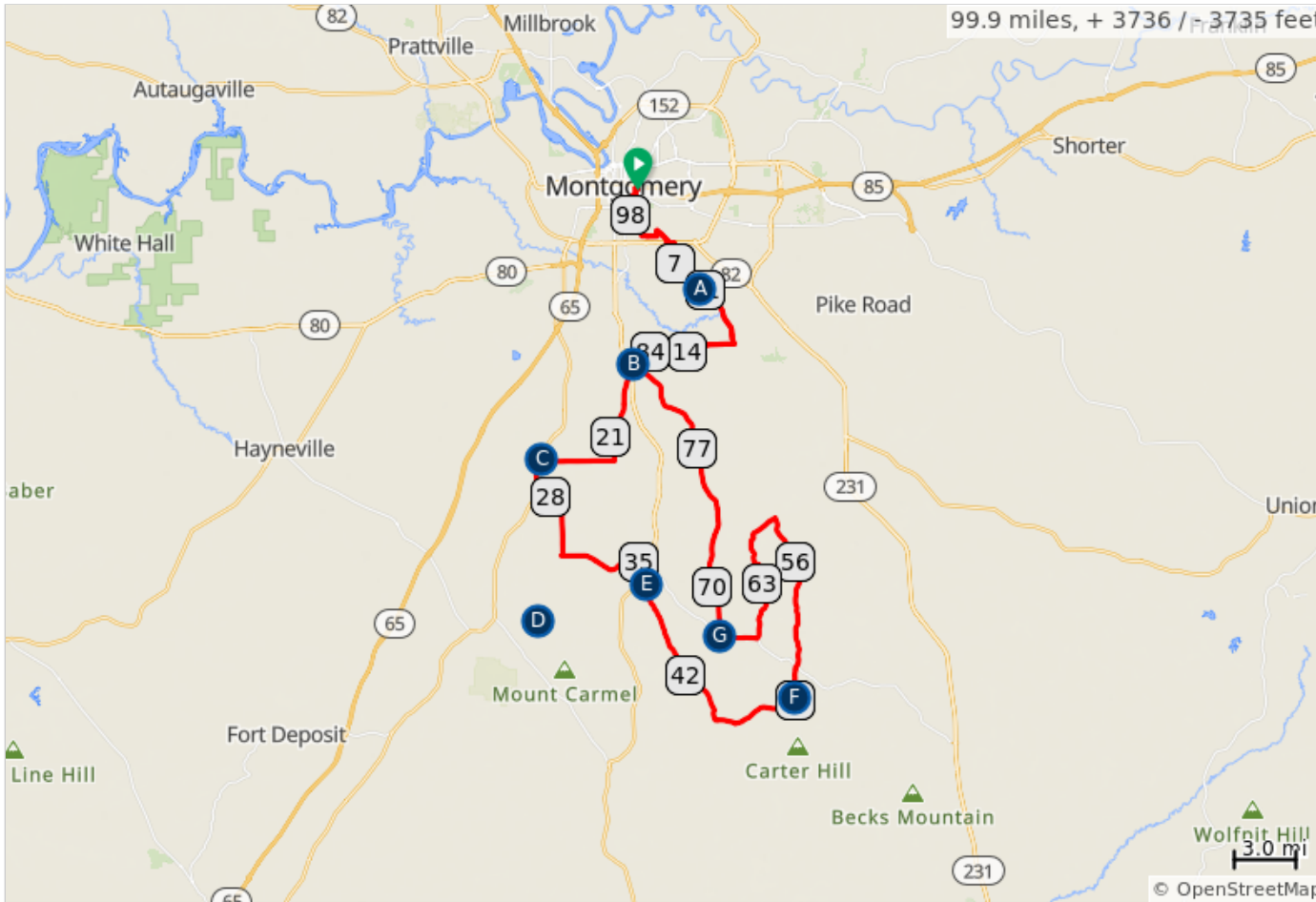


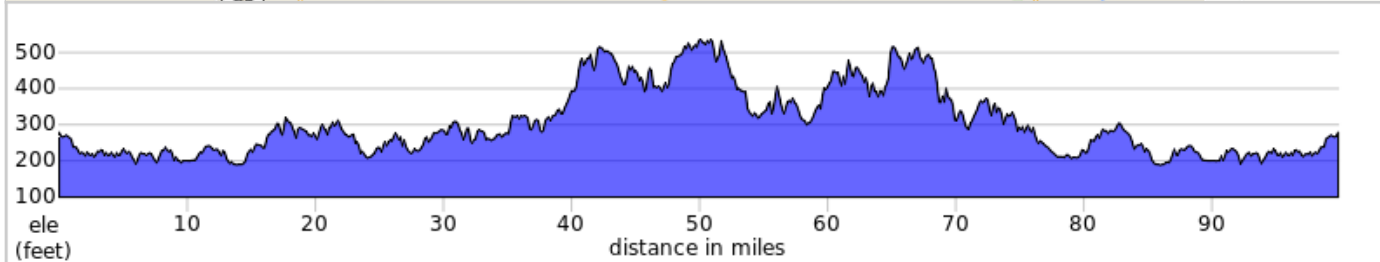
2023 Glassner Capital City 100 - 100



99.9 miles
 3,736 feet of climbing
 ** Follow WHITE & PINK road markings **

Start at the new ASU football stadium and go South to Snowdown

- 7 REST STOP
- RS1 @ 8.5 (Covenant Ministries)
 - RS2 @ 17.1 (Snoudown UMC, 8.6 from RS1)
 - RS3 @ 25.5 (Pintlala Baptist, 8.4 from RS2)
 - RS4 @ 36.9 (Pleasant Hill AME Zion, 11.4 from RS3)
 - RS5 @ 49.3 (Friendship Baptist, 12.4 from RS4)
 - RS6 @ 67.6 (Ramer UMC, 18.3 from RS5)
 - RS7 @ 82.7 (Snowdown UMC, 15.1 from RS6)
- FINISH @ 99.9 (17.2 miles from RS7)



A. Rest Stop #1

B. Rest Stop #2 & #7

SAG (334) 399-9115 or 271-5465 — EMERGENCY 911 or (334) 832-1328

D. Rest Stop D

SAG (334) 399-9115 or 271-5465 — EMERGENCY 911 or (334) 832-1328

E. Rest Stop #4

SAG (334) 399-9115 or 271-5465 — EMERGENCY 911 or (334) 832-1328

2023 Glassner Capital City 100 - 100

Num	Dist	Type	Note	Next
1.	0.0		Start of route	0.1
2.	0.1		L onto Harris Way	0.4
3.	0.5		R onto Carter Hill Rd	0.1
4.	0.6		L onto Dunbar St	0.2
5.	0.8		Continue onto Park Ave	0.3
6.	1.0		L onto Cloverdale Rd	0.2

1.0 miles. +6/-37 feet

Num	Dist	Type	Note	Next
7.	1.2		R to stay on Cloverdale Rd	0.6
8.	1.9		L onto Edgemont Ave	0.1
9.	2.0		Continue onto Glen Grattan Dr	0.2
10.	2.2		R onto Thomas Ave	0.5
11.	2.7		L onto Wedgewood Dr	0.1

1.7 miles. +28/-53 feet

Num	Dist	Type	Note	Next
12.	2.8		R onto Thomas Ave	0.3
13.	3.1		L onto Birdwood Dr	0.2
14.	3.3		R onto Narrow Lane Rd	0.0
15.	3.3		L onto Tullis Dr	0.5
16.	3.8		Continue onto Antoinette Dr	0.3
17.	4.1		R onto Woodley Rd	0.7

1.4 miles. +37/-25 feet

Num	Dist	Type	Note	Next
18.	4.8		L onto Fisk Rd	0.0
19.	4.9		R into Parking Lot	0.4
20.	5.2		R to exit Parking Lot	0.0
21.	5.3		Continue onto Dorchester Dr	0.3
22.	5.6		L onto Baldwin Brook Dr	1.3
23.	6.8		L onto Woodley Rd	1.7

2.7 miles. +42/-53 feet

Num	Dist	Type	Note	Next
24.	8.5	ψ	Rest Stop #1 Covenant Ministries	3.3
25.	11.8	→	R onto Snowdoun Chamber s Rd	5.3
26.	17.1	ψ	Rest Stop #2 Snowdoun UMC	0.1
27.	17.2	→	R onto Hobbie Rd	0.1
28.	17.2	←	Slight L onto Butler Mill Rd	4.8

10.4 miles. +230/-166 feet

Num	Dist	Type	Note	Next
29.	22.0	→	R onto W Old Hayneville Rd	3.4
30.	25.4	↑	Continue onto Federal Rd	0.0
31.	25.5	ψ	Rest Stop #3 Pintlala Baptist	0.2
32.	25.6	→	R onto Pintlala Old Rd	1.2
33.	26.8	→	R onto US-31 S	0.1

9.6 miles. +140/-186 feet

Num	Dist	Type	Note	Next
34.	27.0	←	L onto Pettus Rd	3.9
35.	30.8	←	L onto Union Academy Ada Rd	4.8
36.	35.6	→	R onto Co Rd 14	0.2
37.	35.8	←	L to stay on Co Rd 14	0.1
38.	35.9	↑	Continue onto AL- 94 E	0.1
39.	36.0	→	R onto Smiley Ferry Rd	0.9

9.2 miles. +317/-264 feet

Num	Dist	Type	Note	Next
40.	36.9	ψ	Rest Stop #4 Greater Pleasant Hill AME Zion	5.2
41.	42.1	←	L to stay on Smiley Ferry Rd	2.5
42.	44.6	←	L onto Hassey Rd	1.0
43.	45.6	←	L onto Meriwether Trail	3.4
44.	49.0	←	Sharp L onto Huffman Rd	0.3

13.0 miles. +648/-434 feet

Num	Dist	Type	Note	Next
45.	49.3	ψ↑	Rest Stop #5 Friendship Baptist	1.6
46.	50.9	↑	Continue onto Mt Zion Rd	7.7
47.	58.6	←	L onto Paulk Rd	2.0
48.	60.6	↑	Continue straight onto Hillabee Rd	1.5
49.	62.1	↑	Continue onto Mt Lebanon Rd	1.3

13.1 miles. +630/-696 feet

Num	Dist	Type	Note	Next
50.	63.4	→	R to stay on Mt Lebanon Rd	2.4
51.	65.8	→	R onto AL-94 W	1.8
52.	67.6	→	R onto Hobbie Rd	0.0
53.	67.6	ψ↑	Rest Stop #6 Ramer UMC	15.1
54.	82.7	ψ↑	Rest Stop #7 Snowdoun UMC	0.0

20.6 miles. +712/-821 feet

Num	Dist	Type	Note	Next
55.	82.7	→	R onto Snowdoun Chamber s Rd	5.4
56.	88.1	←	L onto Woodley Rd	4.9
57.	93.1	→	R onto Baldwin Brook Dr	1.3
58.	94.3	→	R onto Dorchester Dr	0.3
59.	94.6	↑	Go straight into Parking Lot	0.0

11.9 miles. +235/-317 feet

Num	Dist	Type	Note	Next
60.	94.6	←	L along edge of Parking Lot	0.3
61.	94.9	↗	Slight R along parking lot driveway	0.1
62.	95.0	←	L onto Fisk Rd	0.0
63.	95.0	→	R onto Woodley Rd	0.8
64.	95.7	←	L onto Antoinette Dr	0.3

1.1 miles. +28/-28 feet

Num	Dist	Type	Note	Next
65.	96.0	↑	Continue onto Tullis Dr	0.5
66.	96.5	→	R onto Narrow Lane Rd	0.0
67.	96.5	←	L onto Birdwood Dr	0.2
68.	96.8	→	R onto Thomas Ave	0.3
69.	97.1	←	L onto Wedgewood Dr	0.0
70.	97.1	→	R onto Thomas Ave	0.5

1.4 miles. +25/-29 feet

Num	Dist	Type	Note	Next
71.	97.6	←	L onto Glen Grattan Dr	0.2
72.	97.9	↑	Continue onto E Edgemont Ave	0.1
73.	98.0	→	R onto Cloverdale Rd	0.6
74.	98.6	←	L to stay on Cloverdale Rd	0.2
75.	98.8	→	R onto Park Ave	0.3

1.7 miles. +41/-24 feet

Num	Dist	Type	Note	Next
76.	99.1	↑	Continue onto Dunbar St	0.2
77.	99.3	→	R onto Carter Hill Rd	0.1
78.	99.4	←	L onto Harris Way	0.4
79.	99.7	→	R onto Pineleaf St	0.1
80.	99.9	📍	End of route	0.0

1.0 miles. +18/-6 feet