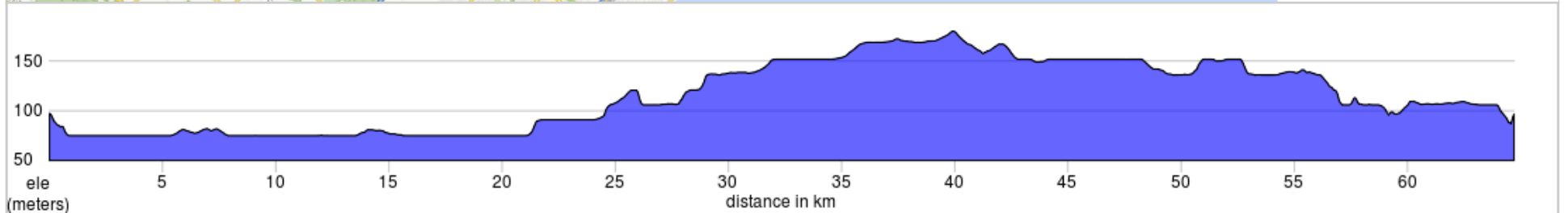
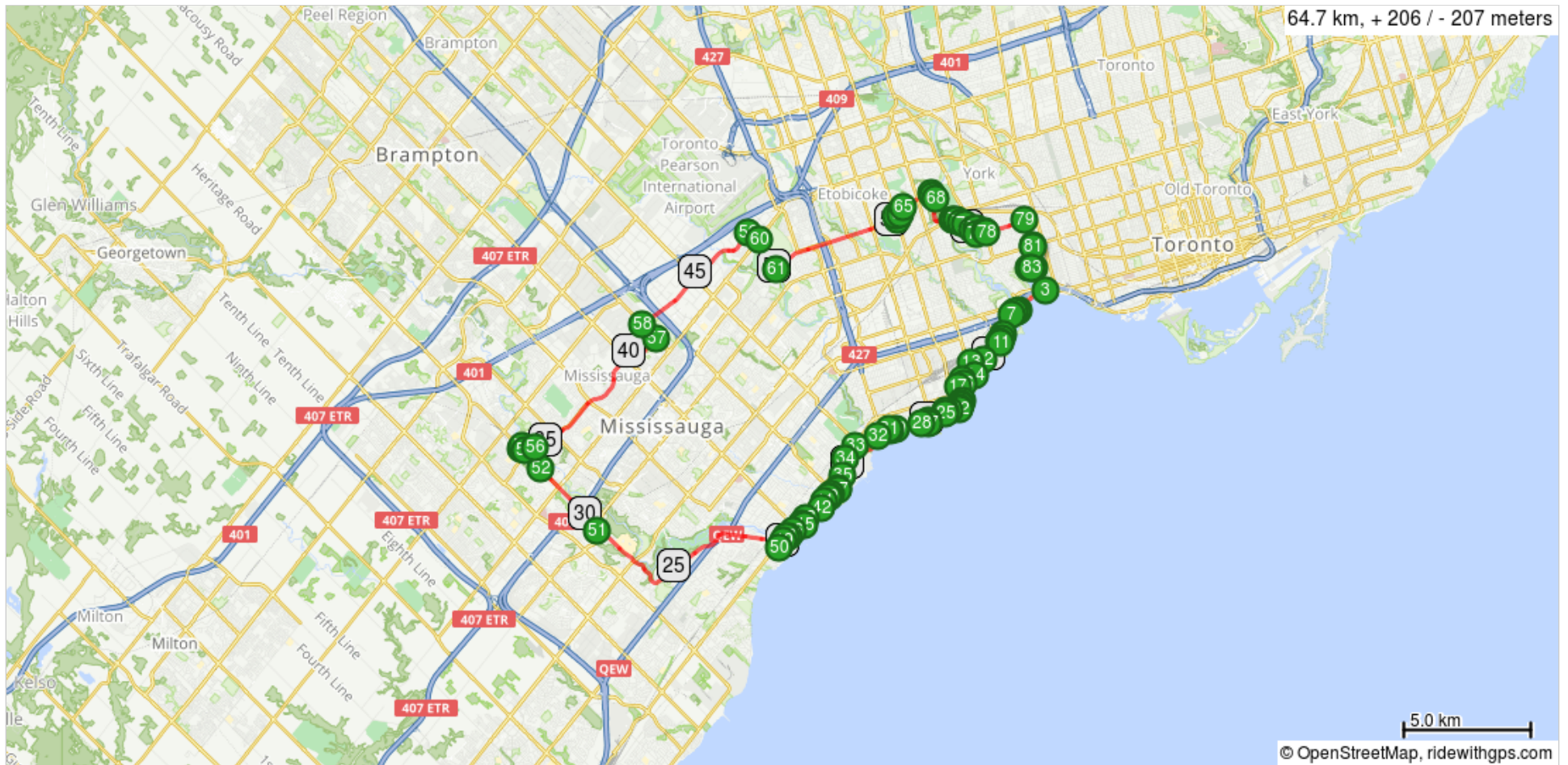





























# CANDAY 65 KM | High Park to Streetsville Matthison Loop














# CANDAY 65 KM | High Park to Streetsville Matthison Loop

Num	Dist	Type	Note	Next
1.	0.0		Start of route	0.1
2.	0.1		R onto Colborne Lodge Dr	1.1
3.	1.2		R onto Martin Goodman Trail	1.4
4.	2.6		Continue onto Humber Bay Park E Trail	0.1
5.	2.7		R toward Palace Pier Ct	0.1
6.	2.8		L onto Waterfront Dr	0.2
7.	3.0		L onto Marine Parade Dr	0.8
8.	3.9		L onto Humber Bay Park Rd E towards trail	0.2
9.	4.1		Slight R onto Humber Bay Park W Trail	0.1
10.	4.2		L to stay on Humber Bay Park W Trail	0.1
11.	4.3		Slight R to stay on Humber Bay Park W Trail	1.1
12.	5.4		R onto Mimico Ave	0.5













5.4 kilometers. +1/-23 meters

Num	Dist	Type	Note	Next
13.	5.9		L onto George St	0.5
14.	6.4		R onto Symons St	0.5
15.	7.0		L onto Dwight Ave	0.2
16.	7.1		R onto Birmingham St	0.2
17.	7.4		L onto Third St	0.6
18.	8.0		R onto Lake Shore Dr	0.1
19.	8.1		L onto Fourth St	0.0
20.	8.2		R onto Lake Shore Dr	0.1
21.	8.3		L onto Fifth St	0.1
22.	8.4		Continue onto Lake Shore Dr	0.5
23.	8.9		L to stay on Lake Shore Dr	0.2
24.	9.1		L onto Eleventh St	0.1
25.	9.2		R onto Lake Shore Dr	0.8
26.	10.0		L cross street and continue onto trail	0.2
27.	10.1		R to stay on trail	0.3














4.8 kilometers. +6/-12 meters

Num	Dist	Type	Note	Next
28.	10.4		L onto Lake Promenade	1.1
29.	11.5		L to stay on Lake Promenade	0.3
30.	11.8		Lake Promenade turns R and becomes Thirty Sixth St	0.1
31.	11.8		L onto Lake Promenade	0.5
32.	12.4		Slight L onto Waterfront Trail in Park	1.6
33.	14.0		Follow detour to continue west	0.7
34.	14.7		Slight L to stay on Waterfront Trail	0.9
35.	15.6		L onto Lakefront Promenade	0.7
36.	16.3		R onto Waterfront Trail	0.0
37.	16.3		Keep R to stay on Waterfront Trail	0.3
38.	16.7		L to stay on Waterfront Trail	0.2














6.6 kilometers. +6/-6 meters

Num	Dist	Type	Note	Next
39.	16.8		Waterfront Trail turns slightly R and becomes Hampton Crescent	0.1
40.	16.9		L onto bridge and go straight	0.2
41.	17.1		Continue onto Waterfront Trail	0.4
42.	17.5		Continue onto Cumberland Dr (Canadian Cycling Great Jocelyn Lovell lived on this street)	0.9
43.	18.3		L onto Wanita Rd	0.2
44.	18.6		L onto Elmwood Ave S	0.1
45.	18.7		R onto Waterfront Trail	0.6
46.	19.3		L onto Port St E	0.3
47.	19.6		Continue onto Waterfront Trail then R	0.1
48.	19.7		Continue onto bridge	0.2
49.	19.9		L onto Front St.	0.4
50.	20.3		R onto Mississauga Rd	8.9








3.6 kilometers. +0/-0 meters

Num	Dist	Type	Note	Next
51.	29.2		Construction be careful	3.3
52.	32.5		Continue onto Queen St S	1.2
53.	33.7		FOOD STOP at Cuchulainn's Irish Pub Patio on your L. When finished, cross the street to Water St.	0.1
54.	33.8		R onto Church St	0.2
55.	34.0		L onto Main St	0.4
56.	34.4		Continue onto Bristol Rd W	6.8
57.	41.2		L onto Kennedy Rd	0.8
58.	42.1		R onto Matheson Blvd E	5.6
59.	47.7		R onto Orbitor Dr	0.5
60.	48.2		Continue onto Centennial Park Blvd	1.8
61.	50.0		L onto Rathburn Rd	5.2
62.	55.1		L onto Islington Ave	0.2
63.	55.4		R onto Anglesey Blvd	0.2

35.1 kilometers. +80/-77 meters

Num	Dist	Type	Note	Next
64.	55.6		L onto Wimbledon Rd	0.3
65.	55.9		Continue onto Edenbridge Dr	1.2
66.	57.1		R in parking lot	0.2
67.	57.3		R onto path	0.2
68.	57.4		R onto Humber River Recreational Trail	1.7
69.	59.2		L onto Old Dundas St	0.1
70.	59.2		R onto Lundy Ave	0.1
71.	59.3		R onto Warren Crescent	0.2
72.	59.6		Continue onto Bralorne Crescent	0.2
73.	59.8		R onto Varsity Rd	0.3
74.	60.1		Continue straight onto St Marks Rd	0.2
75.	60.3		R onto Humbercrest Blvd	0.2
76.	60.5		At the roundabout, 3rd exit onto Baby Point Rd	0.4

5.1 kilometers. +22/-53 meters

Num	Dist	Type	Note	Next
77.	60.9		R onto Jane St and towards Annette Street.	0.0
78.	60.9		Continue onto Annette St	1.6
79.	62.5		R onto High Park Ave	1.1
80.	63.6		Continue onto Colborne Lodge Dr	0.0
81.	63.6		Continue onto West Rd	1.0
82.	64.6		L into driveway towards parking lot	0.1
83.	64.7		End of route	0.0

4.2 kilometers. +12/-23 meters