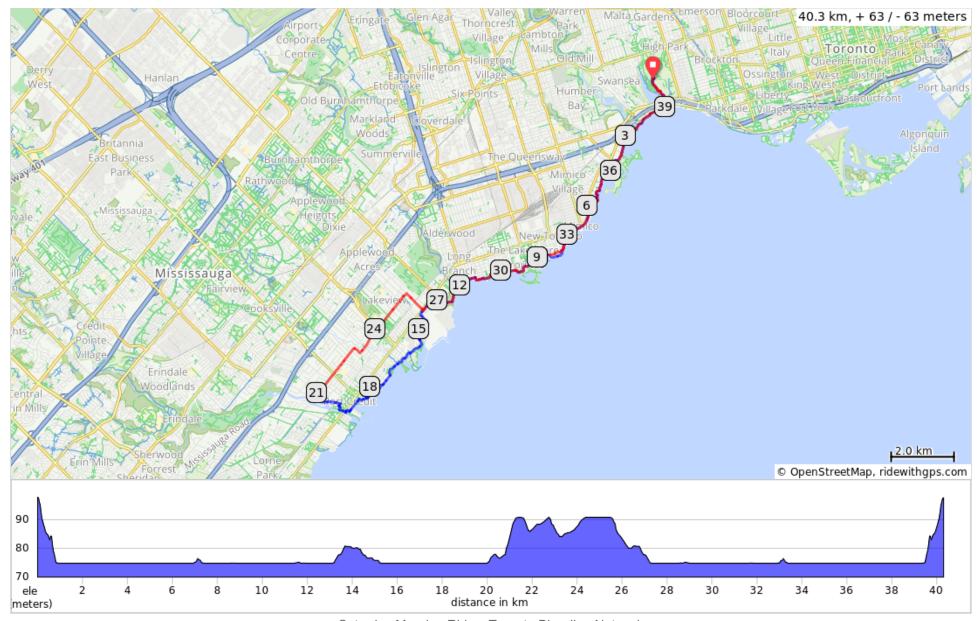
## High Park to Port Credit w Varied Return





## High Park to Port Credit w Varied Return

Num	Dist	Туре	Note	Next
1.	0.0	Þ	Start of route	0.1
2.	0.1	+	L to parking lot exit	0.0
3.	0.1	<b>→</b>	R onto Colborne Lodge Dr	1.2
4.	1.2	<b>→</b>	R onto Martin Goodman Trail (MGT)	1.4
5.	2.6	1	Continue onto Humber Bay Park E Trail (HBT)	1.3
6.	3.9	+	L to stay on HBT	0.2
7.	4.0	<b>→</b>	Slight R onto HBT	0.1
8.	4.2	+	L to stay on HBT	0.1
9.	4.3	<b>→</b>	Slight R to stay on HBT	0.3
10.	4.6	+	L onto HBT	2.6
11.	7.2	+	L onto First St	0.1
12.	7.3	<b>→</b>	R onto Lakeshore Dr	0.1
13.	7.4	+	L onto Second St	0.2
14.	7.6	1	Continue onto Lake Shore Dr	0.1
15.	7.7	+	L onto Fourth St	0.0

7.7 kilometers. +2/-25 meters

Num	Dist	Type	Note	Next
29.	14.3	+	Slight L to stay on Waterfront Trail (WFT)	0.9
30.	15.2	+	L to stay on WFT	0.3
31.	15.5	<b>→</b>	R to stay on WFT	0.4
32.	15.9	1	Cont. straight across road to stay on WFT	0.0
33.	16.0	<b>→</b>	Keep R to stay on WFT	0.3
34.	16.3	+	L to stay on WFT	0.2
35.	16.5	<b>→</b>	WFT turns slightly R & becomes Hampton Crescent	0.1
36.	16.5	+	L onto WFT	0.1
37.	16.7	+	WFT turns slightly L & becomes Richey Crescent	0.1
38.	16.8	1	Cont. onto WFT	0.2
39.	16.9	+	L to stay on Waterfront Trail	0.2
40.	17.1	<b>→</b>	WFT turns slightly R & becomes Cumberland Dr	1.1

5.1 kilometers. +0/-5 meters

Num	Dist	Туре	Note	Next
16.	7.8	<b>→</b>	R onto Lake Shore Dr	0.1
17.	7.9	+	L onto Fifth St	0.1
18.	8.0	1	Continue onto Lake Shore Dr	0.5
19.	8.5	+	L to stay on Lake Shore Dr	0.2
20.	8.7	+	L onto Eleventh St	0.1
21.	8.8	<b>→</b>	R onto Lake Shore Dr	0.6
22.	9.4	<b>→</b>	R toward Colonel Samuel Smith Park Dr	0.1
23.	9.5	+	L toward Colonel Samuel Smith Park Dr	0.0
24.	9.6	1	Cont. straight to cross the road	0.4
25.	10.0	+	L onto Lake Promenade	1.1
26.	11.1	+	L to stay on Lake Promenade	0.3
27.	11.4	+	L onto Lake Promenade	0.5
28.	12.0	+	L into park entrance	2.3

4.3 kilometers. +0/-0 meters

Num	Dist	Туре	Note	Next
41.	18.2	+	L onto Elmwood Ave S	0.1
42.	18.3	<b>→</b>	R onto WFT	0.1
43.	18.5	<b>→</b>	R towards street	0.0
44.	18.5	+	L onto Saint Lawrence Drive	0.3
45.	18.8	+	L onto Port St E	0.5
46.	19.3	<b>→</b>	R onto trail	0.1
47.	19.4	+	Slight L before bridge	0.2
48.	19.6	+	L to go north	0.2
49.	19.7	<b>→</b>	R towards arena	0.1
50.	19.8	+	L towards arena	0.2
51.	20.0	+	L onto Stavebank Rd	0.9
52.	20.8	<b>→</b>	R onto Mineola Rd	2.3
53.	23.1	+	L onto Atwater Avenue	2.4
54.	25.5	<b>→</b>	R onto Haig Blvd	1.3
55.	26.8	<b>→</b>	R to enter WFT	1.7
56.	28.4	<b>→</b>	R onto Lake Promenade	0.5

11.3 kilometers. +28/-28 meters

Num	Dist	Туре	Note	Next
57.	29.0	<b>→</b>	R onto 36th St	0.3
58.	29.3	<b>→</b>	R to stay on Lake Promenade	1.1
59.	30.4	<b>→</b>	R onto 23rd St	0.4
60.	30.9	1	Straight across road	0.0
61.	30.9	<b>→</b>	R onto trail	0.1
62.	31.0	+	L at fork	0.4
63.	31.4	1	Continue onto Lake Shore Dr	0.2
64.	31.6	+	L onto Eleventh St	0.1
65.	31.8	<b>→</b>	R onto Lake Shore Dr	0.2
66.	32.0	1	Continue onto Emerald Crescent	0.2
67.	32.2	+	Jog L onto Seventh St	0.0
68.	32.2	<b>→</b>	Jog R onto Emerald Crescent	0.1
69.	32.3	<b>→</b>	Jog R onto Sixth St	0.0
70.	32.3	+	Jog L onto Emerald Crescent	0.1

3.8 kilometers. +0/-0 meters

Num	Dist	Type	Note	Next
87.	40.2	+	L at Centre Rd	0.0
88.	40.2	<b>→</b>	R in parking lot	0.0
89.	40.3	+	L towards end point	0.0
90.	40.3	Ø	End of route	0.0

Num	Dist	Туре	Note	Next
71.	32.4	+	L onto Fifth St	0.0
72.	32.4	<b>→</b>	R onto Lake Shore Dr	0.1
73.	32.5	+	L onto Fourth St	0.0
74.	32.6	<b>→</b>	R onto Lake Shore Dr	0.3
75.	32.8	1	Continue onto Second St	0.1
76.	32.9	<b>→</b>	R onto Lakeshore Dr	0.1
77.	33.0	+	L onto First St	0.1
78.	33.2	<b>→</b>	R onto Lake Shore Blvd W cycle track	1.4
79.	34.5	<b>→</b>	R onto Norris Crescent	0.9
80.	35.4	+	Slight L at fork	0.3
81.	35.7	<b>→</b>	R toward HBT	0.4
82.	36.1	<b>→</b>	R to stay on HBT	0.1
83.	36.3	+	L towards bridge	0.2
84.	36.4	<b>→</b>	R to stay on HBT	1.5
85.	37.9	+	L onto MGT	1.2
86.	39.1	+	L towards road	1.1

6.8 kilometers. +1/-1 meters