

Prev	Dist	Type	Note
0.0	0.0	📍	Start of route
0.3	0.3	➡	R onto Atlantic Ave
1.4	1.8	➡	R onto Hospital Rd
1.6	3.4	⬆	Continue onto Easy St
2.1	5.4	⬅	L onto Lakewood Farmingdale Rd
0.3	5.7	➡	R onto Victory Rd
1.4	7.1	⬅	L onto Maxim Southard Rd
0.1	7.2	➡	R onto Oak Glen Rd
1.4	8.6	⬅	L onto Windeler Rd
0.2	8.8	⬆	Continue onto Windeler Rd
1.6	10.4	➡	R onto Georgia Tavern Rd
1.3	11.7	⬅	L onto Lemon Rd
1.5	13.2	⬆	Continue onto Havens Bridge Rd

13.2 miles. +434/-388 feet

Prev	Dist	Type	Note
0.9	14.1	➡	R onto Adelphia Rd
0.3	14.5	⬅	L onto Vanderveer Rd
1.4	15.8	➡	Slight R onto Howell Rd
0.6	16.5	⬆	Continue onto Five Points Road
0.0	16.5	➡	R into Wawa - REST STOP
0.1	16.5	⬆	Make a U-turn
0.1	16.6	➡	R onto Five Points Road
1.1	17.7	➡	R onto Asbury Ave
0.1	17.8	➡	Slight R onto Brickyard Rd
2.6	20.4	⬆	Cross Rt33 onto Fairfield Rd
1.3	21.6	⬅	L onto Merrick Rd
1.5	23.2	⬅	L onto Adelphia Rd
0.3	23.5	➡	R onto Squankum Yellowbrook Rd

10.3 miles. +209/-241 feet

Prev	Dist	Type	Note
3.7	27.2	⬆	Continue onto Allaire Rd
0.2	27.4	⬆	Continue onto Atlantic Ave
1.0	28.5	➡	R into park
0.3	28.7	📍	End of route

5.2 miles. +46/-40 feet