

Prev	Dist	Type	Note
0.0	0.0	📍	Start of route
0.0	0.0	←	L toward Morris Pesin Dr
0.0	0.0	→	R onto Morris Pesin Dr
0.1	0.1	→	R after Bathrooms
0.1	0.2	←	L at river
0.1	0.3	←	L
0.0	0.3	←	L
1.0	1.3	→	Loop Around Ellis Island Bridge
0.6	1.9	←	L
0.2	2.1	←	L at Morris Canal Basin
0.8	2.9	↑	After Boat Ramp Continue on black top path
0.1	3.1	→	R onto Jersey Ave
0.4	3.5	→	R onto Grand St
0.8	4.3	←	L onto Hudson River Waterfront Walkway

4.3 miles. +30/-31 feet

Prev	Dist	Type	Note
0.0	4.4	→	R to stay on Hudson River Waterfront Walkway
0.1	4.4	→	R to stay on Hudson River Waterfront Walkway
0.3	4.8	→	R to stay on Hudson River Waterfront Walkway
0.2	5.0	→	R to stay on Hudson River Waterfront Walkway
0.1	5.1	→	R to stay on Hudson River Waterfront Walkway
1.0	6.1	→	R to stay on Hudson River Waterfront Walkway
0.1	6.2	→	R to stay on Hudson River Waterfront Walkway
0.2	6.4	←	L onto Park Ln S

2.1 miles. +10/-10 feet

Prev	Dist	Type	Note
0.1	6.5	→	R
0.4	6.9	←	L - Walk Bike through Train Station - Bathrooms
0.1	7.0	→	Slight R at Hudson Pl
0.1	7.0	→	Slight R at Newark St.
0.3	7.3	→	R
0.0	7.3	←	L
0.5	7.9	→	R onto Frank Sinatra Dr
0.2	8.0	→	R onto Sinatra Dr N
0.0	8.0	→	R
0.2	8.2	→	R
0.4	8.6	→	R onto Bernard McFeeley Shipyard Ln
0.0	8.6	→	R
0.2	8.9	→	R
0.3	9.1	→	R at Harbor Path
0.3	9.4	→	Slight R

3.0 miles. +46/-46 feet

Prev	Dist	Type	Note
0.4	9.8	→	R Port Imperial Blvd
0.1	9.9	→	R into Park
0.1	10.0	→	R out of circle
2.7	12.6	→	R
0.7	13.3	→	Slight R onto Marine Rd
0.0	13.3	→	R
0.1	13.4	→	Slight R
0.4	13.8	→	R onto River Rd
0.2	14.0	→	R Before Building
0.1	14.1	←	L
0.2	14.3	→	R
0.1	14.4	↻	U-Turn - Return to Start
0.1	14.5	←	L onto Main St - Dunkin Donut (Somerset La & Main St.)
0.5	15.0	←	L
0.5	15.5	←	L onto Marine Rd

6.1 miles. +68/-67 feet

Prev	Dist	Type	Note
0.0	15.5	←	Slight L at Marine Plz
0.1	15.6	←	Slight L
0.6	16.2	←	L
2.7	18.8	←	Slight L
0.0	18.9	→	Slight R
0.0	18.9	←	L
0.2	19.1	→	R toward Harbor Blvd
0.0	19.1	→	R onto Harbor Blvd
0.1	19.3	→	R onto Port Imperial Blvd
0.5	19.7	←	Slight L
0.3	20.0	←	L at Harbor Path
0.3	20.2	←	L
0.2	20.5	←	L onto 15th St
0.0	20.5	←	L
0.5	21.0	→	R
0.1	21.1	←	L onto Sinatra Dr N

5.6 miles. +47/-46 feet

Prev	Dist	Type	Note
0.0	21.1	←	L onto Frank Sinatra Dr
0.2	21.2	←	L
0.5	21.8	→	R
0.0	21.8	←	L
0.3	22.0	→	Slight R
0.1	22.1	←	Slight L at Hudson Pl - Walk bikes through Train Station - Bathrooms
0.4	22.6	←	L onto Park Ln S
0.1	22.7	→	R
0.2	22.9	←	L to stay on Hudson River Waterfront Walkway
0.1	23.0	←	L to stay on Hudson River Waterfront Walkway
1.0	24.0	←	L to stay on Hudson River Waterfront Walkway

2.9 miles. +27/-39 feet

Prev	Dist	Type	Note
0.1	24.1	←	L to stay on Hudson River Waterfront Walkway
0.2	24.3	←	L to stay on Hudson River Waterfront Walkway
0.3	24.7	←	L to stay on Hudson River Waterfront Walkway
0.1	24.7	←	L to stay on Hudson River Waterfront Walkway
0.0	24.8	→	R onto Grand St
0.8	25.6	←	L onto Jersey Ave
0.5	26.1	←	L onto Audrey Zapp Dr
0.9	27.0	←	L
0.1	27.0	→	R
0.3	27.3	→	R
0.6	27.9	←	L at Ellis Island Bridge

4.0 miles. +35/-35 feet

Prev	Dist	Type	Note
1.0	28.9	→	R
0.0	28.9	→	R
0.1	29.0	→	R toward Morris Pesin Dr
0.1	29.1	←	L onto Morris Pesin Dr
0.1	29.2	←	L
0.0	29.2	→	R
0.0	29.2	📍	End of route

1.3 miles. +2/-0 feet