

MR\_fri3 (winter)

| Prev | Dist | Type | Note                         |
|------|------|------|------------------------------|
| 0.0  | 0.0  | 📍    | Start of route               |
| 0.1  | 0.1  | ➡    | R onto Windeler Rd           |
| 1.5  | 1.6  | ➡    | R onto Georgia Tavern Rd     |
| 1.3  | 2.9  | ⬅    | L onto Lemon Rd              |
| 1.5  | 4.5  | ⬅    | Slight L onto Casino Dr      |
| 1.1  | 5.6  | ⬆    | Continue onto Bergerville Rd |
| 1.3  | 6.9  | ⬆    | Continue onto Stone Hill Rd  |
| 0.9  | 7.8  | ⬅    | L onto Georgia Rd            |
| 1.1  | 8.9  | ➡    | R onto Nomoco Rd             |
| 0.6  | 9.5  | ⬅    | L onto Pittenger Pond Rd     |
| 1.4  | 10.9 | ⬆    | Continue onto Harmony Rd     |
| 1.3  | 12.2 | ➡    | R onto Hyson Rd              |
| 0.7  | 12.9 | ⬅    | L onto Jackson Mills Rd      |

12.9 miles. +368/-347 feet

| Prev | Dist | Type | Note                                |
|------|------|------|-------------------------------------|
| 1.5  | 14.4 | ⬅    | L onto Frank Applegate Rd           |
| 2.6  | 17.0 | ⬆    | Continue onto Butterfly Rd          |
| 2.0  | 19.0 | ⬆    | Continue onto Grand Blvd            |
| 0.4  | 19.5 | ➡    | R onto Bowman Rd                    |
| 0.3  | 19.8 | ➡    | R onto Don Connor Blvd              |
| 2.4  | 22.2 | ⬆    | Continue onto Leesville Rd          |
| 1.8  | 24.0 | ➡    | R onto Diamond Rd                   |
| 3.2  | 27.2 | ⬅    | L onto Cedar Swamp Rd/<br>Siloam Rd |
| 1.3  | 28.5 | ➡    | R onto Ely Harmony Rd               |
| 3.3  | 31.8 | ⬅    | L onto Jackson Mills Rd             |
| 0.0  | 31.8 | ➡    | R onto Farmingdale Rd               |
| 3.8  | 35.6 | ➡    | R onto Windeler Rd                  |
| 0.9  | 36.5 | 📍    | End of route                        |

23.6 miles. +432/-426 feet