

MTB_HART_01

Prev	Dist	Type	Note
0.0	0.0	→	R
0.0	0.0	→	R
0.0	0.0	↑	Continue onto Battery Loop
0.4	0.4	←	L
0.0	0.4	←	L
0.1	0.5	↙	Sharp L onto Rocky Point
0.7	1.2	→	R onto Battery Loop
0.0	1.2	↑	Continue
0.0	1.2	↙	Slight L
0.5	1.7	→	R onto Grand Tour Road
1.3	3.0	←	L
0.6	3.7	↙	Sharp L
0.1	3.8	↑	Continue onto Locust Avenue, CR 8A
0.0	3.8	←	L onto Locust Point Road, CR 8A

3.8 miles. +268/-440 feet

Prev	Dist	Type	Note
0.1	3.9	→	R onto Claypit Run
0.5	4.4	↙	Sharp L onto Valley View
0.2	4.6	←	L onto Fox Hollow
0.2	4.8	↙	Keep L
0.1	4.8	→	R
0.1	4.9	→	R onto Browns Dock Road
0.1	5.0	↙	Keep L onto Bowne Road
0.6	5.6	←	L onto Cooper Road
2.1	7.7	→	R onto Sleepy Hollow Rd
0.3	7.9	→	R onto Chapel Hill Rd
0.7	8.6	→	R onto Whipporwill Valley Rd
1.5	10.1	↑	Continue onto Portland Rd
1.2	11.3	←	L onto Leonardville Rd
0.0	11.3	→	R onto Ave D

7.5 miles. +555/-562 feet

Prev	Dist	Type	Note
0.5	11.7	↘	Sharp R onto Bay Avenue
0.4	12.1	←	L
0.0	12.1	↑	Continue
0.1	12.2	↗	Slight R
0.0	12.2	↗	Keep R onto Henry Hudson Trail
1.9	14.1	→	R
0.0	14.1	↗	Keep R
0.6	14.7	→	R onto Waterwitch Avenue, (8)
0.3	15.1	→	R onto Memorial Parkway, NJ 36, CR 8
0.0	15.1	↗	Keep R onto Ocean Boulevard
0.2	15.3	←	L onto Orchard Avenue, (8)
0.6	15.9	←	L onto Laurel Ridge

4.7 miles. +214/-166 feet

Prev	Dist	Type	Note
0.5	16.4	↑	Continue onto Cuesta Ridge
1.2	17.6	←	L
0.1	17.6	↘	Sharp R
0.0	17.7	←	L

1.7 miles. +97/-71 feet