Prev	Dist	Туре	Note
0.0	0.0	•	Start of route
0.0	0.0	<b>→</b>	R onto Central Avenue
0.0	0.0	+	L onto Ocean Pathway
0.0	0.1	+	L onto Ocean Pathway
0.1	0.2	<b>→</b>	R onto Ocean Avenue
0.3	0.5	+	L
0.0	0.5	<b>→</b>	R onto Ocean Grove Boardwalk
0.2	0.7	<b>→</b>	R
0.0	0.7	+	L
0.0	0.7	<b>→</b>	R
0.0	0.7	N	Sharp R onto Ocean Avenue, (18)
0.0	0.7	N	Sharp R onto Ocean Avenue, (18)
0.0	0.7	7	Keep R onto Ocean Avenue, (18)

0.7 miles. +2/-9 feet

Prev	Dist	Туре	Note
0.8	6.4	<b>→</b>	R onto Washington Boulevard, (49)
0.7	7.2	<b>†</b>	Continue onto Sea Girt Avenue
1.1	8.3	<b>→</b>	R onto Baileys Corner Road
0.2	8.5	+	L onto Tiltons Corner Road
0.3	8.7	<b>→</b>	R onto Edgar Felix Bike Path
0.6	9.3	+	L onto Baileys Corner Road
0.5	9.8	+	L onto CR 524
0.7	10.5	<b>→</b>	R onto Campbell Road
0.9	11.4	+	L onto 18th Avenue, (30)
0.1	11.6	<b>→</b>	R onto Allenwood Road
1.3	12.8	<b>→</b>	R onto Allenwood Road
1.0	13.8	5	Slight L onto Gully Road

8.2 miles. +278/-186 feet

Prev	Dist	Туре	Note
0.0	0.7	Þ	Sharp R onto Ocean Avenue, (18)
0.0	0.7	7	Keep R onto Ocean Avenue, (18)
0.0	0.8	<b>N</b>	Sharp R onto Ocean Avenue, (18)
0.0	0.8	Ð	Make a U-turn onto Ocean Avenue, (18)
0.7	1.5	4	Keep L onto Ocean Avenue, (18)
0.0	1.5	4	Sharp L onto Ocean Avenue, (18)
0.7	2.2	<b>N</b>	Sharp R onto Ocean Avenue, (18)
0.0	2.2	7	Keep R onto Ocean Avenue, (18)
2.2	4.4	7	Keep R onto Ocean Avenue, (18)
0.1	4.4	Þ	Sharp R onto Ocean Avenue, (18)
1.2	5.6	<b>←</b>	L onto 1st Avenue, (49)

4.9 miles. +24/-32 feet

Prev	Dist	Туре	Note
1.4	15.3	+	L onto Old Corlies Avenue, (17)
2.1	17.4	7	Slight L onto Green Grove Road
1.7	19.1	<b>†</b>	Continue onto Green Grove Road
0.2	19.3	<b>→</b>	R onto West Park Avenue, (14)
3.2	22.4	<b>→</b>	R onto Monmouth Road, CR 15
0.1	22.5	<b>←</b>	L onto Park Avenue
0.3	22.9	+	L onto Larchwood Avenue
0.5	23.4	<b>→</b>	R
0.2	23.6	+	L
0.1	23.7	<b>→</b>	R
0.0	23.7	+	L
0.0	23.7	<b>→</b>	R
0.0	23.7	7	Keep R

9.9 miles. +186/-246 feet

Prev	Dist	Туре	Note
0.1	23.8	<b>→</b>	R
0.0	23.8	<b>→</b>	R
0.0	23.9	+	L
0.0	23.9	7	Keep R
0.1	24.0	<b>→</b>	R
0.0	24.0	+	L
0.0	24.0	+	L
0.2	24.2	<b>→</b>	R
0.1	24.2	<b>→</b>	Slight R
0.0	24.3	+	L
0.1	24.4	+	L
0.1	24.5	<b>→</b>	R onto Norwood Ave
0.1	24.6	+	L onto Cedar Ave
0.6	25.3	<b>→</b>	R onto Greens Ave
0.2	25.5	+	L onto N Lake Dr
0.2	25.7	<b>→</b>	R onto Ocean Ave

2.0 miles. +4/-24 feet

Prev	Dist	Туре	Note
3.2	29.0	<b>→</b>	R onto Edgemont Dr
0.1	29.1	1	L onto Norwood Ave S
0.1	29.2	<b>†</b>	Continue onto Park Ave
0.3	29.5	<b>→</b>	R onto Sunset Ave
0.1	29.6	+	L onto Grand Ave
0.5	30.1	+	L onto Sewall Ave
0.1	30.2	<b>→</b>	R onto Heck St
0.2	30.4	+	L
0.0	30.4	<b>→</b>	R
0.0	30.4	+	Slight L at Pilgrim Pathway
0.0	30.5	<b>→</b>	R toward Central Ave
0.0	30.5	<b>→</b>	R onto Central Ave
0.1	30.6	Q	End of route

4.9 miles. +23/-11 feet