| Prev | Dist | Type | Note |
| :---: | :---: | :--- | :--- |
| 0.0 | 0.0 | $\bullet$ | Start of route |
| 0.2 | 0.2 | $\rightarrow$ | R onto Bell Laboratories <br> Rd |
| 0.1 | 0.2 | $\leftarrow$ | U Turn onto Bell <br> Laboratories Rd |
| 0.2 | 0.4 | $\rightarrow$ | Keep R to stay on Bell <br> Laboratories Rd |
| 0.5 | 0.9 | $\uparrow$ | Continue onto American <br> Way |
| 0.4 | 1.4 | $\rightarrow$ | R onto Crawfords Corner <br> Rd/Everett Rd |
| 0.9 | 2.2 | $\rightarrow$ | $R$ onto McCampbell Rd |
| 1.1 | 3.4 | $\leftarrow$ | L onto Barbera Dr |
| 0.4 | 3.7 | $\rightarrow$ | $R$ onto Chardonnay Dr |
| 0.1 | 3.8 | $\rightarrow$ | $R$ onto Newman Springs <br> $R d$ |
| 0.0 | 3.8 | $\leftarrow$ | L onto Longbridge Rd |
| 1.8 | 5.6 | $\leftarrow$ | L onto Laird Rd |
| 0.8 | 6.4 | $\rightarrow$ | $R$ onto Phalanx Rd |

6.4 miles. $+264 /-288$ feet

| Prev | Dist | Type | Note |
| :---: | :---: | :--- | :--- |
| 1.7 | 16.2 | $\leftarrow$ | L onto Cedar Dr |
| 0.1 | 16.3 | $\rightarrow$ | Slight R onto Boundary <br> Rd |
| 0.8 | 17.1 | $\rightarrow$ | R onto Crine Rd |
| 0.7 | 17.8 | $\leftarrow$ | REST STOP @ <br> Shlesinger Preserve |
| 0.0 | 17.8 | $\leftarrow$ | Continue on Crine |
| 0.2 | 18.0 | $\mathbf{\uparrow}$ | At the traffic circle, <br> continue straight to stay <br> on Crine Rd |
| 0.8 | 18.8 | $\leftarrow$ | L onto Conover Rd |
| 0.7 | 19.6 | $\leftarrow$ | L onto NJ-34 N |
| 0.3 | 19.9 | $\rightarrow$ | R onto Willow Brook Rd |
| 1.6 | 21.5 | $\leftarrow$ | L onto Longbridge Rd |
| 0.3 | 21.8 | $\rightarrow$ | R onto Bike Path |
| 0.0 | 21.8 | $\rightarrow$ | R |
| 0.9 | 22.7 | $\rightarrow$ | Slight R to stay on <br> Thompson Loop |


| Prev | Dist | Type | Note |
| :---: | :---: | :--- | :--- |
| 0.7 | 7.1 | $\rightarrow$ | R onto Muhlenbrink Rd |
| 0.7 | 7.8 | $\leftarrow$ | L onto Laird Rd |
| 0.7 | 8.6 | $\mathbf{\uparrow}$ | Continue onto Conover <br> Rd |
| 0.1 | 8.7 | $\leftarrow$ | L onto Woods End Rd |
| 0.1 | 8.8 | $\rightarrow$ | R onto Revolutionary Rd |
| 0.4 | 9.2 | $\leftarrow$ | L onto Heyers Mill Rd |
| 1.4 | 10.6 | $\rightarrow$ | R onto Cedar Dr |
| 0.9 | 11.5 | $\leftarrow$ | L onto Bucks Mill Rd |
| 1.6 | 13.1 | $\rightarrow$ | $R$ |
| 0.2 | 13.3 | $\rightarrow$ | $R$ |
| 0.0 | 13.3 | $\curvearrowleft$ | Make a U-turn |
| 0.0 | 13.3 | $\leftarrow$ | L |
| 0.2 | 13.5 | $\leftarrow$ | L onto Mercer Road |
| 0.6 | 14.1 | $\leftarrow$ | L onto Monmouth <br> Country Road, CR 537 |
| 0.4 | 14.5 | $\rightarrow$ | R onto Montrose Rd |

8.1 miles. +205/-208 feet

| Prev | Dist | Type | Note |
| :---: | :---: | :--- | :--- |
| 0.5 | 23.2 | $\rightarrow$ | Slight R to stay on <br> Thompson Loop |
| 0.1 | 23.2 | $\uparrow$ | Continue straight to stay <br> on Thompson Loop |
| 1.0 | 24.3 | $\leftarrow$ | L to stay on Thompson <br> Loop |
| 1.0 | 25.3 | $\rightarrow$ | Cross 520 at traffic Light <br> onto Everrt Rd |
| 0.1 | 25.4 | $\rightarrow$ | R onto Yale Dr |
| 0.2 | 25.6 | $\leftarrow$ | L onto University Dr |
| 0.4 | 26.0 | $\uparrow$ | Continue straight onto <br> Yale Dr |
| 0.1 | 26.0 | $\rightarrow$ | R onto W Front St |
| 0.2 | 26.3 | $\leftarrow$ | L onto Windermere Rd |
| 1.2 | 27.5 | $\uparrow$ | Continue onto Waterford <br> Way |
| 0.5 | 27.9 | $\leftarrow$ | L onto Davenport Dr |
| 0.2 | 28.1 | $\rightarrow$ | R onto Sunnyside Rd |

5.4 miles. $+190 /-183$ feet

| Prev | Dist | Type | Note |
| :---: | :---: | :--- | :--- |
| 0.9 | 29.0 | $\rightarrow$ | R onto Crawfords Corner <br> Rd/Everett Rd |
| 0.5 | 29.5 | $\leftarrow$ | L onto American Way |
| 0.4 | 29.9 | $\uparrow$ | Continue onto Bell <br> Laboratories Rd |
| 0.5 | 30.4 | $\rightarrow$ | R Turn onto Bell Labs <br> Rd. |
| 0.1 | 30.5 | $\boldsymbol{\wedge}$ | U Turn onto Bell <br> Laboratories Rd |
| 0.1 | 30.6 | $\rightarrow$ | R Turn Into Red Parking <br> Lot |
| 0.1 | 30.7 | $\boldsymbol{\theta}$ | End of route |

2.6 miles. $+36 /-58$ feet

