

Prev	Dist	Type	Note
0.0	0.0	📍	Start of route
0.0	0.0	←	L onto W River Rd
0.8	0.9	←	L onto Black Point Rd
0.6	1.5	→	R onto Navesink Avenue
0.3	1.8	←	L onto Hartshorne Lane
0.4	2.1	→	R onto Ward Avenue
0.2	2.4	←	L onto Shrewsbury River Bridge, CR 520
0.3	2.7	→	R onto Ocean Avenue, NJ 36
3.2	5.8	↙	Sharp L onto Atlantic Avenue, (29)
0.1	5.9	→	R onto Ocean Avenue North
0.2	6.1	→	Ocean Ave turns slightly R and becomes Avenel Blvd
0.1	6.2	←	L onto Ocean Ave N
0.5	6.7	←	L onto Seaview Ave

6.7 miles. +46/-36 feet

Prev	Dist	Type	Note
0.1	6.8	→	R onto Ocean Ave/ Seaview Ave
0.2	7.0	→	R onto Cooper Ave
0.1	7.0	←	L onto McKinley St
0.0	7.0	↑	At the traffic circle, take the 4th exit and stay on Cooper Ave
0.0	7.1	↑	Exit the traffic circle onto Cooper Ave
0.1	7.1	←	L onto Fay St/Ocean Blvd
0.7	7.8	←	L onto Morris Ave
0.1	7.9	↑	At the traffic circle, continue straight to stay on Morris Ave
0.0	7.9	→	R onto Ocean Ave N
0.5	8.5	→	R at N Bath Ave
0.0	8.5	→	R onto Boardwalk
0.7	9.1	↑	Continue onto Ocean Ave N

2.5 miles. +9/-3 feet

Prev	Dist	Type	Note
0.1	9.2	←	L onto Ocean Ave
3.7	13.0	←	L onto Edgemont Dr/ Ocean Ave N
0.2	13.2	↑	Continue onto Deal Lake Dr/Lake Dr
0.2	13.4	→	R onto Norwood Ave S/ Park Ave
0.1	13.5	→	R onto Edgemont Dr
0.1	13.6	←	L onto Ocean Ave N
0.5	14.1	→	R onto Neptune Ave
0.1	14.2	←	L onto Monmouth Terrace
0.2	14.5	←	Monmouth Terrace turns slightly L and becomes Monmouth Dr
0.1	14.6	→	R onto Ocean Ave
3.1	17.6	→	R onto Ocean Ave N
1.1	18.8	↑	At the traffic circle, continue straight to stay on Morris Ave

9.6 miles. +86/-87 feet

Prev	Dist	Type	Note
0.1	18.9	→	R onto Ocean Blvd
0.7	19.6	→	R onto Cooper Ave
0.1	19.6	↑	At the traffic circle, continue straight to stay on Cooper Ave
0.1	19.7	←	L onto Boardwalk
0.2	19.9	←	Slight L
0.0	19.9	→	Slight R onto Ocean Ave N/Seaview Ave
0.1	20.0	→	R onto Ocean Ave N
0.5	20.5	→	R onto Avenel Blvd
0.1	20.6	←	Avenel Blvd turns slightly L and becomes Ocean Ave
1.0	21.6	←	L onto Beach Rd
0.4	22.0	→	R onto Riverdale Ave
0.1	22.0	←	Riverdale Ave turns slightly L and becomes Wesley St

3.2 miles. +10/-10 feet

Prev	Dist	Type	Note
0.7	22.7	←	L at Circle Dr
0.0	22.7	←	L onto Navesink Dr
0.6	23.3	→	R onto Wesley St
0.2	23.5	←	L onto Patten Ave
0.9	24.4	←	L onto Florence Ave
0.1	24.5	→	R onto Atlantic Ave
1.0	25.5	→	R onto Branchport Ave
0.7	26.2	↑	Continue onto Shrewsbury Ave
0.3	26.5	←	L onto Monmouth Blvd
0.2	26.7	→	R onto Myrtle Ave
0.2	26.8	↑	Continue onto Seven Bridges Road
1.7	28.6	→	R onto Rumson Rd
0.0	28.6	←	L onto Harding Rd
0.5	29.1	→	Slight R to stay on Harding Rd

7.0 miles. +37/-25 feet

Prev	Dist	Type	Note
0.1	29.1	→	R onto Ridge Rd
1.8	30.9	←	L onto Bellevue Ave
0.7	31.6	→	R onto W River Rd
0.5	32.1	←	L onto Lafayette St
0.0	32.2	📍	End of route

3.1 miles. +133/-156 feet