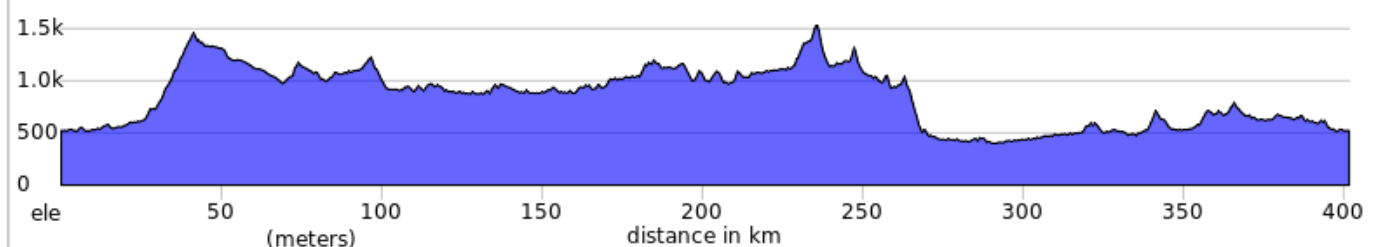
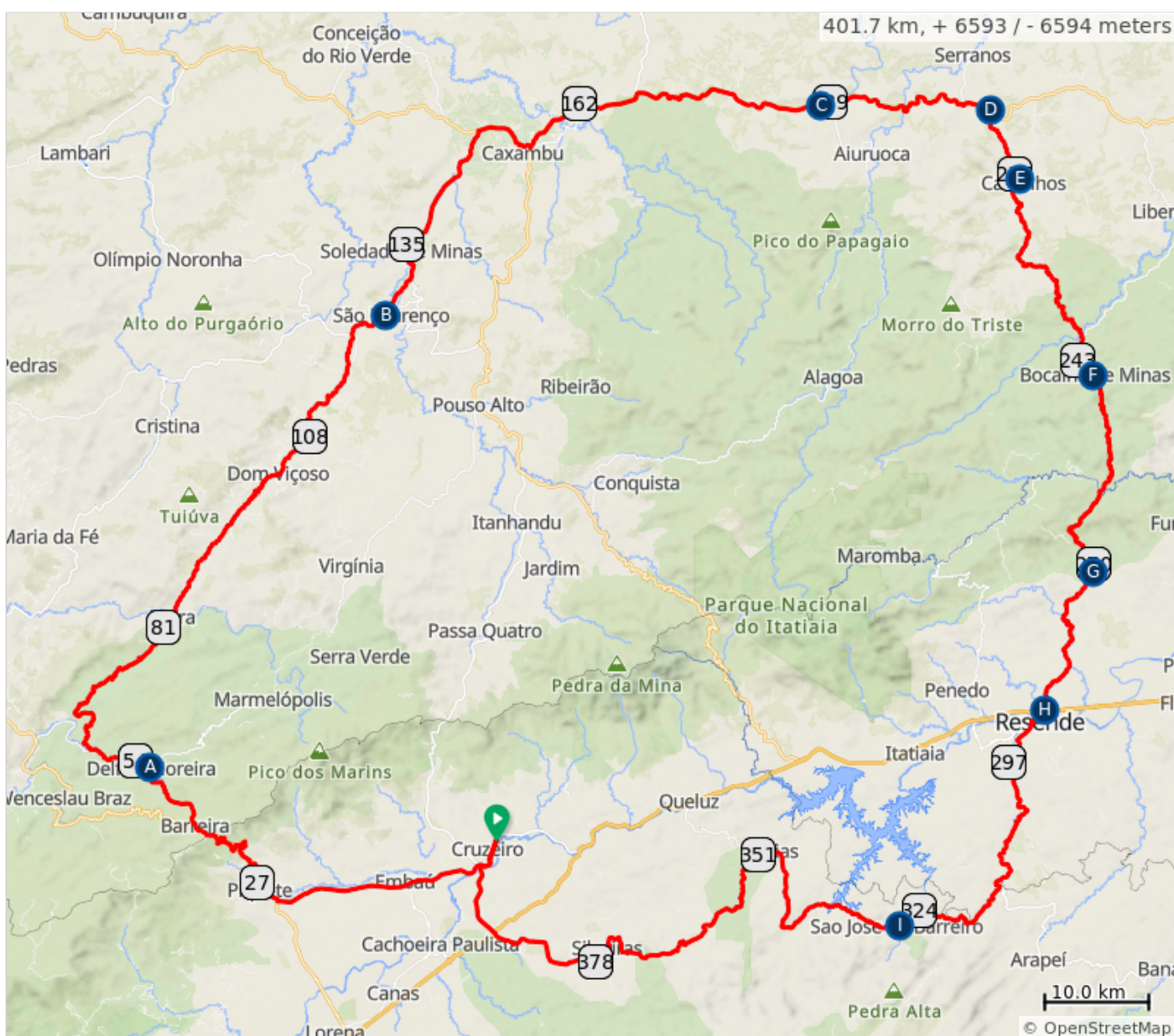



















BRM 400 km misto de Cruzeiro 2024




















A.	PC1 - Igreja Delfim Moreira	F.	Bocaina de Minas
B.	PC2 - Padaria Nova Aliança	G.	PC4 - Igreja Pedra Selada
C.	PA - Posto Papagaio	H.	Graal Resende
D.	PC3- Trevo de Carvalhos	I.	PC5 - Praça S Jose do Barreiro
E.	Carvalhos		



BRM 400 km misto de Cruzeiro 2024

Dist	Type	Note
0.0		Start of route
0.1		Keep left
0.2		Left onto Avenida Nesralla Rubez
7.7		Continue onto Rodovia Deputado Nesralla Rubez
24.4		At roundabout, take exit 1
24.5		Slight right onto Rodovia Lorena-Itajubá
43.3		Keep left onto AMG-1915
50.3		Right onto DMO-060
51.9		Right onto Rua Tancredo Neves
52.2		PC1 - Igreja Delfim Moreira
52.2		Left onto Rua Wenceslau Brás
52.4		Left onto Rua Laudino Marcondes Ribeiro
54.1		Keep left onto DMO-080
64.5		Keep right
69.5		Right onto DMO-210
72.3		Left onto DMO-210
76.4		Left

76.4 kilometers. +1593/-1005 meters

Dist	Type	Note
76.9		Left onto DMO-210
82.2		Slight right
82.7		Left
90.1		Slight left
102.2		Right onto Rua Doutor Altamiro Colli
102.3		Left onto Rua José Bruno Negreiros
102.7		Continue onto LMG-883
118.2		Keep left
119.3		Right
121.1		Continue onto LMG-883
121.4		Keep right
121.5		Continue onto BR-460
125.9		PC2 - Padaria Nova Aliança
126.0		Left to stay on BR-460
126.7		Continue onto R. Coronel José Justino
126.8		Left onto R. Dr. Ribeiro da Luz/BR-460
127.0		Left onto Av. Comendador Costa

50.6 kilometers. +732/-960 meters

Dist	Type	Note
127.1	→	Right at the 1st cross street onto Al. República do Líbano
127.3	↑	At the roundabout, take the 1st exit onto Av. Prof. Henrique José de Souza/R. Prof. Henrique José de Souza
128.2	↑	At the roundabout, take the 1st exit onto Via Ramon/R. Ruy Barbosa
131.3	←	Slight left at Av. Anel Rodoviário Dr. Jonas Pereira Maduro
131.4	→	Right onto MGC-383
149.0	→	Right onto BR-267
155.1	↑	At the roundabout, take the 4th exit onto BR-267/BR-354 heading to Juiz de Fora
187.9	ψ	PA - Posto Papagaio
208.4	↗	Keep right
208.4	✍	PC3- Trevo de Carvalhos
216.3	↗	Keep right onto Rua Socrates da Silva Varginha
216.5	↘	Sharp right onto Rua José Melchiades da Silva
216.5	ψ	Carvalhos
218.2	←	Left
219.7	↗	Keep right
220.7	←	Left
229.9	↗	Keep right

102.9 kilometers. +1720/-1371 meters

Dist	Type	Note
238.1	↗	Slight right
238.6	←	Left
239.9	→	Right onto LMG-814
245.0	←	Left onto Rua Leopoldo Gavião
245.2	ψ	Bocaina de Minas
258.9	←	Left onto RJ-151
259.2	↑	Continue onto RJ-151
268.3	↗	Slight right onto RJ-151
271.0	←	Left onto RJ-151
271.0	✍	PC4 - Igreja Pedra Selada
271.1	→	Right onto RJ-151
287.5	↑	At the roundabout, take the 1st exit onto Estr. da Vargem Grande/Rod. Joaquim Mariano de Souza
288.6	←	Left onto R. João Ourique Ferreira/Rod. Joaquim Mariano de Souza
288.9	ψ	Graal Resende
290.1	←	Slight left onto R. Gulhot Rodrigues/Rod. Joaquim Mariano de Souza
291.2	→	Right onto Av. João Ferreira Pinto/Rod. Joaquim Mariano de Souza
291.7	←	Left onto R. do Rosário/Rod. Joaquim Mariano de Souza

61.8 kilometers. +786/-1615 meters

Dist	Type	Note
291.9	➔	Right onto R. Cel. Rocha Santos
293.0	↑	At the roundabout, take the 2nd exit onto Av. Augusto de Carvalho
293.8	↑	At the roundabout, take the 2nd exit and stay on Av. Augusto de Carvalho
294.1	↑	At the roundabout, take the 2nd exit and stay on Av. Augusto de Carvalho
294.3	↑	Continue onto Estr. da Limeira
313.9	↑	Continue para Rod. dos Tropeiros
327.3	➔	Vire à direita na R. Cel. João Antônio Airosa/Rod. dos Tropeiros
327.6	✍	PC5 - Praça S Jose do Barreiro
327.6	➔	Vire à direita na R. Ten. Magalhães
327.7	←	Vire à esquerda na R. Ademar Campos
327.8	➔	Vire à direita na Av. Fortunato Lobao/Rod. dos Tropeiros
389.5	↑	At roundabout, take exit 1 onto Rodovia Hamilton Vieira Mendes
390.6	↑	At roundabout, take exit 1 onto Rodovia Hamilton Vieira Mendes
390.9	↑	At roundabout, take exit 1 onto Rodovia Hamilton Vieira Mendes
398.2	↗	Keep right
398.5	↗	Slight right onto Avenida Rotary Club
401.7	📍	End of route

110.0 kilometers. +1537/-1419 meters
